

Research Article

Embedded Spiral Microstrip Implantable Antenna

Wei Huang¹ and Ahmed A. Kishk²

¹Department of Electrical Engineering, University of Mississippi, Oxford, MS 38677, USA

²Department of Electrical and Computer Engineering, Concordia University, Montreal, QC, Canada H3G 1M8

Correspondence should be addressed to Wei Huang, irene.w.huang@gmail.com

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A miniaturized embedded spiral-shaped microstrip antenna simulated within a block of 2/3 human muscle phantom is designed for implanted cardiac pacemaker. The new design not only achieves the good matching at the required 403 MHz but also obtains 57% size reduction over the existing design. The reflection coefficients are measured in both free space and in the human-tissue-equivalent dielectric liquid. Good agreement is achieved between simulated results and the experimental results.

1. Introduction

In their early stage of development, implanted medical devices such as cardiac pacemakers or implantable defibrillators, which use inductive coupling for communication, could only transmit their data within a few inches range. In the recent years, telecommunications has played a more and more important role in implantable device systems. For these advanced systems, a more efficient implanted antenna is required to enable two-way communication between the implanted device and an external device.

The implanted antenna should be compact, lightweight, and able to download a patient's health information from the implanted device as well as to upload various parameters from an external device. It is also necessary to protect the human body from the heat, physical damage, or short circuiting of the antenna. Moreover, it should be designed to operate in the 402–405 MHz range as required by the Federal Communication Commission (FCC) for Medical Implant Communications Services (MICS) [1]. Antenna size is also important. The typical dimension of a cardiac pacemaker battery pack is about $30.7 \times 41 \times 9.5 \text{ mm}^3$ as shown in Figure 1 [2]. The size and weight of a cardiac pacemaker have become smaller and lighter due to the advances in implantable electronic device technology; therefore, one of the biggest challenges in designing an implantable system is to miniaturize the implanted antenna. Microstrip antennas

are good candidates because they are flexible in design and shape. Also, there are many miniaturization techniques available for them. A miniature Hilbert PIFA (planar inverted-F antenna) has been discussed in [3] for biotelemetry. In [4], dual-resonant π -shape with double L-strips PIFA with size $22.5 \times 22.5 \text{ mm}^2$ is designed. In [5, 6], both an embedded spiral and serpentine antennas are designed with size $16.8 \times 26.8 \text{ mm}^2$.

2. Antenna Geometry

Here, an embedded spiral-shaped microstrip antenna is designed as shown in Figure 2. The antenna with width (W) 1.8 mm and lengths (L_3) 11 mm, (L_4) 17.4 mm, (L_5) 3.6 mm, and (L_6) 4.9 mm is designed with high dielectric substrate and superstrate Rogers RT/duroid 6010 ($\epsilon_r = 10.2$, $\delta = 0.0023$). Both the substrate and superstrate have the same size, (L_1) 11.9 mm \times (L_2) 18.2 mm \times (t) 1.9 mm. The superstrate can protect against the heat from the antenna radiation. The meandered line physically lengthens the microstrip line in the fixed 2D dimension. The lengthened current path can bring the resonance frequency to lower range. A 50 Ohm coaxial probe is used to feed the antenna. Also, a shorting pin, which is located at (L_7) 3.4 mm away from the head of the spiral microstrip, acts as an additional tuning factor to the imaginary part of antenna impedance. Table 1 lists the design parameters compared with the

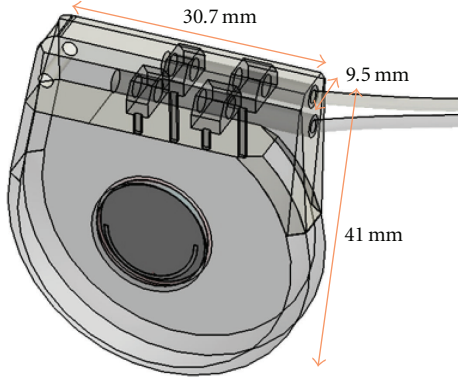


FIGURE 1: Typical dimensions of cardiac pacemaker battery pack [2].

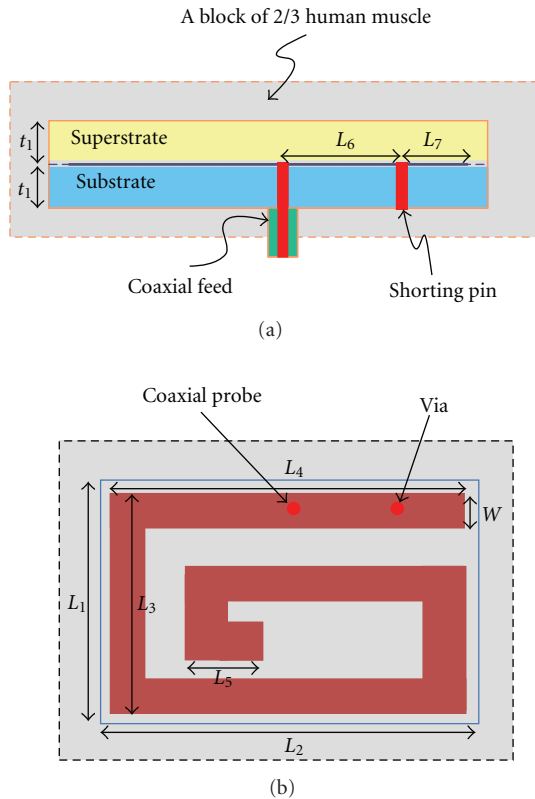


FIGURE 2: Geometry of embedded spiral-shaped microstrip implantable antenna, (a) side view, (b) top view.

existing design in [6]. About a 63% size reduction is achieved due to the higher-dielectric-constant material used.

3. Simulation Results and Parametric Studies

The antenna is designed using Ansoft high-frequency structure simulator (HFSS) [7] as shown in Figure 3. The antenna is simulated inside of a block of 2/3 human muscle, which has $\epsilon_r = 42.807$ and $\sigma = 0.6463$ S/m at 403 MHz. Here a block of 2/3 human muscle is used since in reality human tissue contains not only muscle but also body fluid. Figure 3 shows that good matching is achieved at the required 403 MHz. If

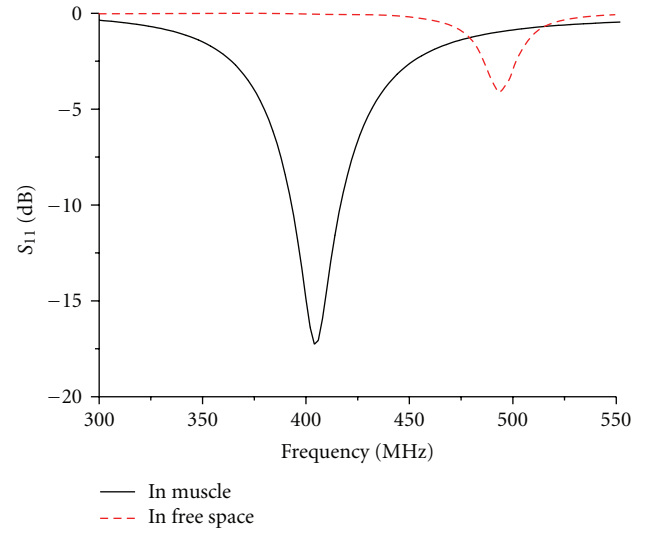


FIGURE 3: Simulated reflection coefficients in 2/3 human muscle block and in free space.

TABLE 1: Design parameters of embedded spiral-shaped microstrip implantable antenna.

Parameters	Design in [6] (mm)	Our design (mm)
L_1	19.6	11.9
L_2	29.6	18.2
L_3	16.8	11.0
L_4	26.6	17.4
L_5	13.0	3.6
L_6	7.7	4.9
L_7	4.9	3.4
t_1	3.0	1.9
t_2	3.0	1.9
W	2.8	1.8
Total size reduction		62.67%

the antenna is placed in free space, the resonant frequency increases to 489 MHz while the matching deteriorates.

The results of parametric studies of different tail lengths (L_5), shorting pin locations (L_7), and different combinations of substrate and superstrate are shown in Figures 4(a)–4(c). It is noted that when the tail length (L_5) increases, both the resonant frequency decreases and the magnitude of the reflection coefficient deteriorates. When the shorting pin moves away from the edge of the antenna, the resonance frequency increases while the magnitude of the reflection coefficient deteriorates. When material of lower permittivity, that is, Macor ($\epsilon_r = 6.03$) or Teflon ($\epsilon_r = 2.1$), is used as superstrate, as expected, the resonant frequency increases. Table 2 records the simulated radiating efficiencies for five different substrates and superstrates combinations obtained from HFSS. When the antenna is placed in free space, the radiating efficiencies in far field are obtained. When the antenna is placed in 2/3 muscle block, the radiating

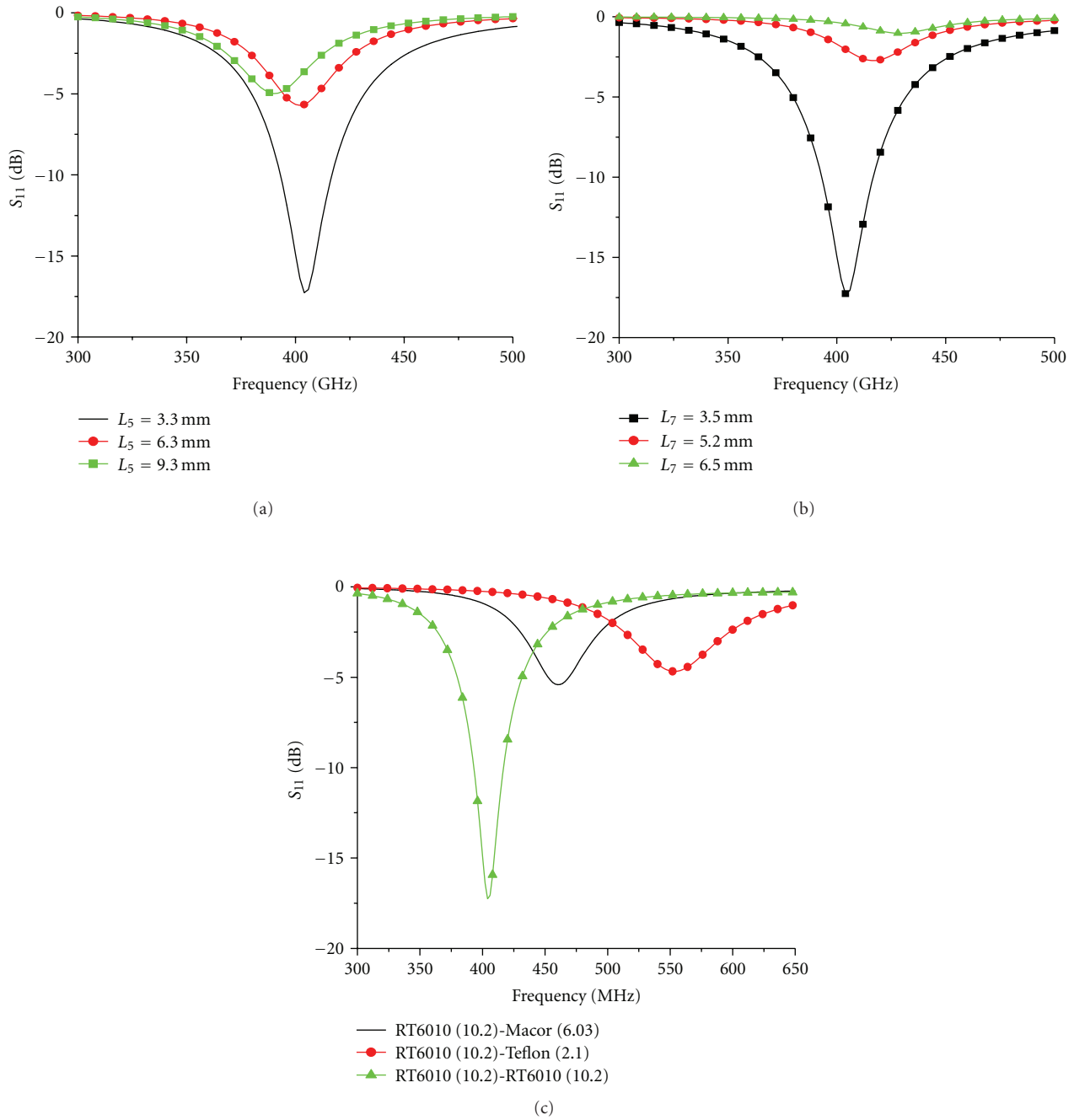


FIGURE 4: Parametric study of different (a) tail length, (b) shorting pin locations, and (c) combinations of substrate and superstrate.

efficiencies at 1 meter from the center of antenna are obtained. It can be found that when superstrate and substrate are both Rogers RT6010, the highest efficiencies are achieved in both cases.

When the antenna was assumed to deliver 1 W, the 1-g average specific absorption rate (SAR) distribution over the x - y plane (z = the interface between the antenna superstrate and 2/3 human muscle) is given in Figure 5. It can be noticed that the peak SAR is 2.749 W/Kg, which means to satisfy the regulated IEEE SAR limitation (1.6 W/Kg), the delivered power should not exceed 5.8 mW.

4. Antenna Fabrication, Tissue-Equivalent Liquid, and Measurements

In the experimental model, as shown in Figure 6(a), the embedded spiral-shaped microstrip implantable antenna is built by using Rogers material duroid 6010 ($\epsilon_r = 10.2$, $\tan \delta = 0.0023$, thickness = 1.9 mm). A 50 Ohms coaxial cable with a SubMiniature version A (SMA) connector is used to excite the antenna. The shorted pin is made by a piece of copper wire with radius 0.3 mm and the same height as the substrate thickness with both ends soldered with top microstrip and

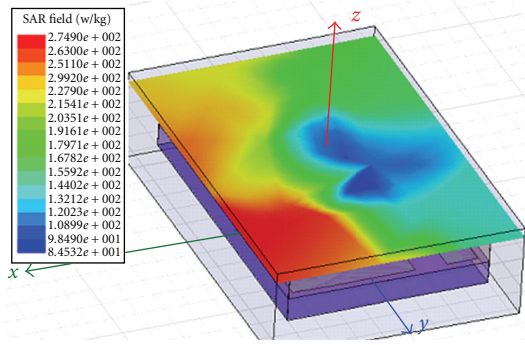
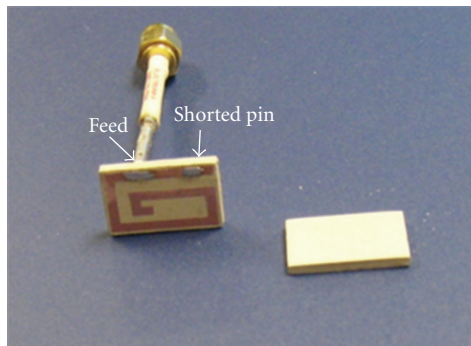
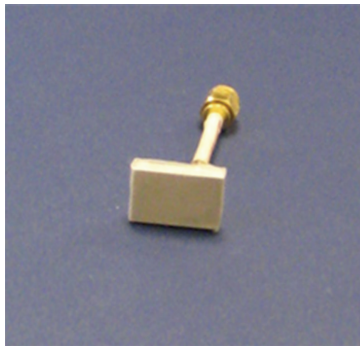


FIGURE 5: Simulated SAR distribution over the x - y plane (z = the interface between the antenna superstrate and muscle block).



(a)



(b)

FIGURE 6: Fabricated embedded spiral-shaped microstrip implantable antenna: (a) individual pieces, (b) final prototype.

TABLE 2: Calculated efficiency.

Superstrate	Substrate	Eff. in air (%) at far field	Eff. in muscle (%) at 1 m from the center of antenna
RT6010	RT6010	96.82	16.1
Macor	RT6010	82.47	4.47
Teflon	RT6010	90.76	6.36
RT6010	Macor	86.38	9.74
RT6010	Teflon	92.089	9.62

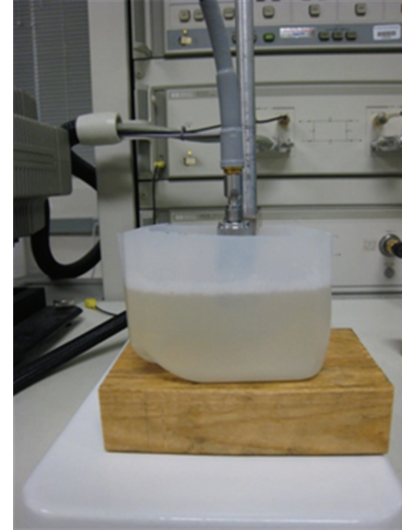


FIGURE 7: Experimental setup for measuring permittivity of tissue-equivalent liquid.

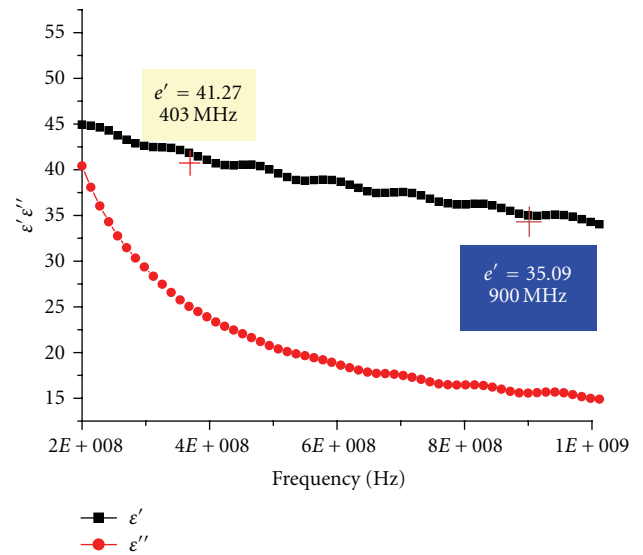


FIGURE 8: Measured permittivity of tissue-equivalent liquid.

bottom ground plane, respectively. Figure 6(b) shows the final prototype of the antenna when it is wrapped by a thin film, which has permittivity close to air.

The tissue-equivalent liquid, which is made from water, sugar, NaCl, and cellulose cetylpyridinium chloride, and so forth [6], is used to simulate the 2/3 human muscle block. Figure 7 demonstrates the experimental setup for measuring the permittivity of tissue-equivalent liquid by using HP 85070A dielectric probe kit, which controls the network analyzer to measure the complex reflection coefficient of the material under test and then converts the reflection coefficient into the complex permittivity of the material under test. Figure 8 shows the measured permittivity results. It can be found that, at 900 MHz, the real part of the permittivity is about 35.09 which is very close to the measured result given

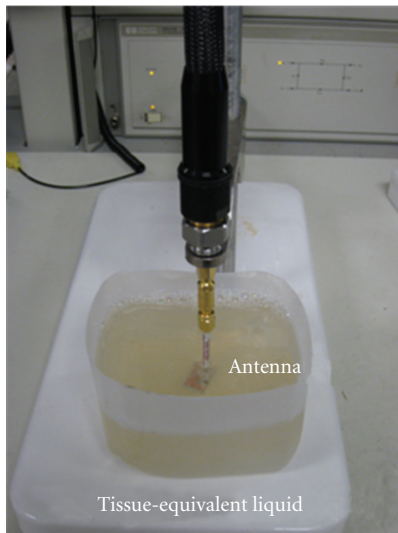
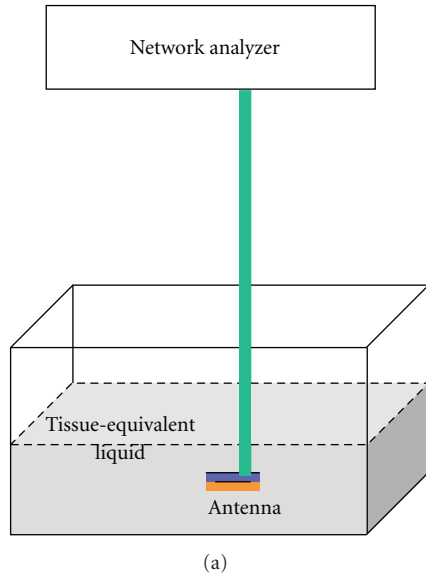


FIGURE 9: Experimental setup for measuring resonant frequencies of implantable antenna.

in [6]. From the same curve, at 403 MHz, the real part of the permittivity is 41.27, which is lower than the permittivity of the 2/3 human muscle ($\epsilon_r = 42.807$) that we used in the simulation.

Figure 9 illustrates the experimental setup for measuring the resonant frequencies of implantable antenna. The antenna is positioned in a container filled with tissue-equivalent liquid and connected to the HP 8510C vector network analyzer. The reflection coefficients are measured in both free space and in the tissue-equivalent liquid, as shown in Figure 10. It can be noticed that the measured reflection coefficient is well matched around 403 MHz when the antenna is placed in the liquid. After adjusting the permittivity of the 2/3 human muscle blocks in HFSS simulation to the same value as the measured value of the

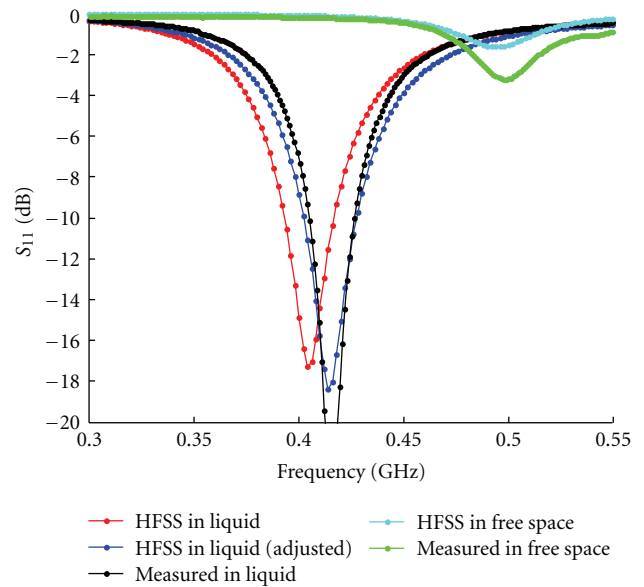


FIGURE 10: Measured resonant frequencies of implantable antenna in free space and in tissue-equivalent liquid.

tissue-equivalent liquid. Good agreement is achieved between simulated results and the experimental results.

5. Conclusions

A miniaturized embedded spiral-shaped microstrip antenna simulated within a block of 2/3 human muscle phantom is designed for an implanted cardiac pacemaker. This novel design not only achieves good matching at the required 403 MHz but also results in a 57% size reduction over the existing design. The reflection coefficients are measured in both free space and in the human-tissue-equivalent dielectric liquid. Good agreement is achieved between simulated results and the experimental results.

Acknowledgment

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