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# Dreaming Our Mothers

Jennifer Boire

A Thesis

in

The Department

of

English

Presented in Partial Fulfillment of the Requirements for the Degree of Master of Arts at Concordia University
Montreal, Quebec, Canada

October 1994

C Jennifer Boire 1994



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#### ABSTRACT

### DREAMING OUR MOTHERS

### Jennifer Boire

One of the motivating forces for this thesis was a project completed in my first Creative Writing class with Richard Sommer, a Taboo Journal. I became interested in exploring what was for me the most taboo area, memories of my mother's alcoholic years, and the second most taboo area, my own body. Writing these poems, it became obvious that mother and body are intricately connected. There are so many silences surrounding the female body, so much shame attached to "normal" aspects of feminine sexuality, i.e. menstruation, masturbation, giving birth, breastfeeding.

There are three sections: the Mother Poems section looks at the unwinding of memory as film or home movies. An image provokes the memory of the child/body, where it was, what it was taught, what 'mother' means to the child, how she struggles to put the "negatives" of photo/memories together. The second section, "Speaking Flesh", is a journal of my first pregnancy, an attempt to give a language to the silent body in its transformation, written over the nine-month period and the first few months after birth. The third section, "Female Parts", looks at aspects of female sexuality, and at the emotional gamut of motherhood, from anger to erotic pleasure.

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Make an effort to remember. Or, failing that, invent.

Monique Wittig, <u>Les Guerilleres</u>

## dreaming our mothers

I am in the ocean with my mother and one of my sisters.

the waves are huge - one splashes over us, lifts us, bobbing up and down.

the water is salty and cold.

only I have a wetsuit.

ocean floor swirls

dark/pale, shadow patterns

on the bottom, seen

from far above, as if

from an airplane.

I ask my mother, where are we swimming to? there is no map, it seems. we are going back across the ocean to Europe or somewhere. I think, how will we ever make it that far? but that doesn't stop us. we start swimming

### memory

is a kind of labour a birth of sorts

my struggle to tell her story
pull her through my skin
see her as separate
from myself

cut the umbilical string
that's wrapped around my neck

our common bond our mother-hood

it smothers us
we need to throw it off,
awaken, be aware

but finally, memory
is a kind of old skin,
to be sloughed off, too,
along with the saviour role

if I awake, will she?
the work I do
I do for myself.

night-mares

i.

ii.

i find a bag with 2 bottles
of gin, take them & break
them, yell at her,

mad as hell:

you started drinking again!

iii.

or else i dream she is in my arms, i the mother nursing her

iv.

she dips her fingers
into the inkpot of night
fingerpaints all over
the walls of my dream

v.

night-mère, hooves

split air

while she

rides

galloping

while i carry

her weight

on my back

# MOTHER POEMS

"Our mother is memory."

Caitlin Matthews,

The Celtic Tradition

looking at old photographs
every time I go home
to my mother's house (why
don't I say "my father's
house"?) I pull out the old
cardboard box, warped and bent
black and white photos of us
as small children, eight
in ten years.

now, moving house, I go
through my albums, searching
for meanings, beginnings.
these pictures always kept
by the mothers, as if they hold
the key to the past.

I'm excavating memories,
putting together broken pieces,
sometimes they're too rosy,
who keeps the negatives?
the dark copies
seen in dreams

I am so little, I may be in her arms, as she points to a red-wing blackbird, a yellow gros-beak a red-tufted woodpecker cheek to cheek, we sing their songs, so I'll recognize the chick-a-dee-dee the whip-poor-will, whip-poor-will at dusk

in winter, she hangs suet
on a branch of pine, scatters
crumbs on snow, sunflower
seeds on a tin pie plate,
she points at the sudden swoop
of blue jays
from the big pine tree in front.
safe behind the window, I watch
and listen to squirrels quarrel
high in the branches.
she imitates them
with rolled tongue

tongue in tulip shape a trick she taught me

how to roll it up twist the mouth

show off tongue's pink saliva shine, bumpy mauve underside

bulging slick, forked tongue.
you can't talk when it's tied up

in tulips.

skinny old apple tree
in the centre of the wild
garden, asparagus growing near
the septic tank, tulips poppies
bluebells, the rock garden, perfect
dream haunted by my child ghost
swinging on the tree-swing

we climb the prickly pear tree
grass below full of rotting
fruit, wasps. we are thorny-stemmed,
wild roses, not ripe round fruit
or sulky flowers, all pods stems
limbs and shaky hair, we climb
way up that narrow tree, knees barked
and scraped, palms scratched.
wind in our eyes, we can see
the whole silver river below
the highway, and way beyond
the islands, the other shore's
slag heap, smoke stack eternally
present, and then look back up
towards the narrow brick house

to the wide screened verandah,
limestone steps up to the front door,
and inside, a threadbare green sofa,
the bare wood floor.

my mother
either knee-deep in diapers, or
peeling potatoes for supper, or
slapping someone's hands away;

my mother

omnipresent in the dark

house, yet i don't see her

anywhere else but making dinner,

doing laundry,

or lying down for her afternoon nap,

small children leashed

to their cots.

## photo album memories

wedding picture (post WW II): official shot taken in the back seat of the newlywed's car, facing out the rear window, Snow White with unblemished skin, ruby lips, smiles on the arm of her dark prince, his eyes follow hers like a puppy's. once upon a time she was the belle of the Officers' Mess, and he fell in love because she knew all the words to the old campfire songs.

what I want to remember is the way she told stories: every night she played it out on our knees, the squirrel running up the tree as her fingers scampered over our legs, tickled our tummies, turned out the lights, then we knelt by the bunk bed and said our prayers now i lay me down to sleep i pray the lord my soul to keep...god bless grandma and grandpa, etc. one last drink of water, all tucked in, turn on the hall light, the door open slightly so i won't be afraid of shadows on the wall (carlights going by on the highway), knowing she will come if i call out, i try not to die before i wake.

## Arpège by Langevin

i)

every Christmas, daddy has to buy the same perfume, until they stop making it. when she gets dressed up for a party my sister & i watch her dab perfume behind her ears, between her breasts, we inhale the sweet air surrounding her like a narcotic, as she smears red lipstick on her lips, blotting them with a kleenex (we keep these red odorous kisses).

i think she's the prettiest lady in the world, her hair newly permed, curls brushed up high on her forehead. we make her keep the pointy red high heels even after they're too tight for her to wear, so we can play dress up. when she's out i dig in her closet, snuggle up to the perfume scent on her clothes, try on things i know i shouldn't touch, her honeymoon lingerie, thin rose straps, robe sheer as onion paper flowing way past my ankles, or her gold satin pyjama with matching brown silk pants, braided frogs, her perfume Tigress or Arpège haunting my skin, her transparent aura.

ii)

hiding in the vestibule her soft scent envelopes my fears, my sister has been fighting me, scratched my cheek, pulled my hair, i'm running away from home with a paper bag full of three slices of bread, some cookies, slip out the front door (leaving a note in mom's purse). i crouch up on the hill behind the house near the woods, decide to come back when it

gets dark, and sheepishly hide in the front closet between her coats, too shy to admit defeat and face my sister again; that same sheared lambswool coat mom threw over her shoulders later, when she lay down on the living room couch for a nap. the room heavy with the smell of vanilla. i don't want to remember this about her.

wish mommy and daddy would come home. sleepy. dream. hanging upside down from a swing set. he is inside the garage, looking at me, my dress up over my ears. he's unzipping his pants, i think he's peeing on the floor. i'm at Mrs. Desjardins, her son sings me songs at night on the guitar, sometimes he comes back when i'm asleep and he doesn't turn the light on, he puts something there where it hurts, i can't see what, but he says shhh, i think he's mean cause he won't give the kitten to play with unless i let him show me what mommies and daddies do when they get married. i think, they couldn't do that in the church, could they? i tell his mother, but i leave out the part about him pulling his pants down; the house is dark, full of diaper smell, i like Mrs. Desjardins cause she made me my very own pillow, blue and pink with flowers a little baby pillow just for me, i hug it close when i go to bed it has my smell on it i can rub and rub till i have to stop my breath comes faster and faster i need this pillow when i lose it she makes another, every time mommy has a new baby i come here.

## swinging

behave yourself, she said.

ladies don't sit with their legs open,
hold your knees together.

riding high on the swings singing a song to frogs trees wind house leaves, i sigh so high i see the wind curve over the sky.

up in the treehouse
cutting out dresses, tabs fold
over cardboard girls
no cunt no tits no brain
just a cutesy smile and curls
just like the Bobbsey Twins

either i'm Nancy Drew or Doris

Day, singing love on a breeze
que sera sera, what will be...
in my treehouse of planks
beside the incinerator
where P.S., my dog, lies buried
under the green onions and a few
rows of corn, across from the newly

dug well, (so we won't have to drink
the river water pumped up through pipes)

cesspool leaks rich juices
into the garden, right where the
asparagus likes to grow long and
green as tulip stalks, mom sends
me out with a knife. i count
the flowers as they open and close,
tiger lilies, purple iris, lily
of the valley.

while we play outside, she does
the laundry in a wringer washer:
don't put your hands there, they'll
come out flatter than boards!
chops fire for the wood stove no, that was gone before i was old
enough to swing, the kitchen's gone
electric, turquoise blue, cupboards
just installed and a bench with space
for toys underneath.
the others sit round the table
on their benches and chairs.
only i have the toy chest as throne
and the top bunk in my sister's room.

### home movies

first early memories of you, mother
pig-tailed and slim beside the slender
brick house, holding a rope to a sled
pulling me and baby Sue in our red snow-suits.
in those rubber galoshes you look too young
to be mother of two, already expecting
number three, but this is a scene from home
movies, I can't remember being two or three;

Dad, gaunt face shadowed by weekend beard, pushes us down the small slope from woodshed to driveway, snow up to his knees, P.S., the dog cavorting. No sound.

in the new house, in the suburbs of the capital outside the Greenbelt, you lie on the living room couch covered by your lambswool coat, lights out, or sit by the phone on your stool in the yellow kitchen, supper bubbling in the oven (baked beans, macaroni and cheese?), your coke and vanilla glass on the table beside you, cigarette burning in the ashtray, of course.

in that first house, though, a two-storey brick house built in the 30's with only three bedrooms, the woods mounting right behind us, only four feet or so of space separating us from the wild; not a 60's suburb, but a small pulp and paper mill village of 500 (although the sign never changed even when the ten of us left). a good place to bring up children. afternoon bridge, little theatre in the bigger town of Arnprior. small talk with the company wives (no close neighbours, or children our age). dad, busy managing an electronics firm. trying to teach us a better English than the lower Ottawa Valley slang (tiger, not taiger; bag not baig, you, not you'se).

your urban New Jersey, American-Irish roots cut out.

newly pledged allegiance. on the piano you love to play
the stars & stripes but dad says, "don't teach them that
yankee song" (you're a Canadian now, erase those feelings of
independence, of declarations), you are in the great country
of god save the queen, we sing every morning
in the brand new two-room school, our lady of perpetual help,
built by my father wanting a Catholic education for us, miss
pream, grade one teacher, prim as cream.

and soon, that house with three bedrooms was much too narrow, too small for eight kids and the shame couldn't be hid behind four walls, the neighbours let in on the secret: mommy drinks.

our lady of perpetual help

old redwood pews stained curious patterns murky like the window's light. smell of frankincense makes me dizzy, chanting builds around me while i carve my code initials over & over push my fingernail into varnished wood. i rock back and forth to latin intonations, the hard bench cuts into my bare knees.

the best part is about a little lamb, the one offered as sacrifice, then the sick girl whose father sends for the lord to heal her, I am not worthy that you should come into my house but only say the word and my child shall be healed.

then we all kneel again, the black-robed priest swings the smelly incense we bow our heads & pray

mea culpa mea culpa mea maxima culpa

(my mother closes her eyes, whispers out loud 
mea maxima culpa - she looks like she's

crying, beats her breast three times, head down
(I am most grievous guilty)

underneath my prim white hat and new patent leather shoes i know i am not worthy

drain them down the sink when she's not there, look in the cupboard behind the cereal boxes or under the sink. when i find them i want to hit somebody, break them in pieces glass flying - if she finds out she'll fly at me - but my father said, don't do that, I used to do that too, hide the bottles, but she just buys new ones and it won't make her stop

a car accident almost stopped her
it was snowing, the driveway was slippery
she didn't stop in time
the insurance man wanted to know
whose fault? that scared her,
she was good for a while
but maybe being in the country, alone
with eight kids, my dad working all
the time, maybe she was lonely.
i was stealing her friends away,
pouring them down the sink.

lord, i can't let you into my house but please say the word and my soul will be healed.

#### Old Mother Holle

Once there was a beautiful daughter sewing by the well one day, she pricked her finger, dropped the needle, stepmother sent her down the well to get it.

on her way she heard some loaves of bread crying out to be turned in the oven so she turned them over.

then she picked the apples from the heavy boughs which groaned for help.

when she came to Old Mother Holle's house she helped her shake out the down pillows every morning so it could snow.

when she left to go back home, her gift was a mouth filled with gold every time she spoke.

then the stepmother told her own ugly
daughter to jump down the well.
she almost broke her legs!
when the loaves cried out as she passed,
she laughed and said, I might burn my fingers!
when the apple tree groaned, she cried,
an apple might fall on my head.
when Old Mother gave her pillows to shake,
she fell asleep on the bed instead.

when she came back to her mother's house she got her reward: black toads leapt from her lips with every word

the moral: speech is golden
even the loaves have a voice here
but mother's golden rule is:
if you haven't got something nice to say...
don't speak

and i am the good daughter,
la petite fille sage, pleasant
angel-faced one by day
little witch in the mirror
by night; black toads leap
inside me where i cannot speak.
they turn and twist my gut.
a hole burns through the sheets
where i lie.

### ukulele

my father told me once about
the time my mother went visiting
the neighbours along the highway
dressed in her lambswool coat

in summer to play the ukulele.
what he didn't tell me was
that she was looking for friends.
she used to abandon the house

the same way she was abandoned, ignore the housework to play bridge with the girls.

one winter the pipes froze.

she had to wash diapers in water fetched in milk cans from the town well. had to shit in a makeshift pail-toilet, pregnant, and chained to that narrow

brick house by seven small children.
the ukulele still waits on the book
shelf, three strings missing.
she can't play that song we liked
anymore, the one we used to
laugh at

ha ha ha you and me little brown jug how I love thee

but that day, the day she played her concert for the neighbours, Claus, the taxi driver called my dad at work. all he could probably think of was the

embarrassment, his reputation, and i got a ride home from school that day with Claus's wife. it was she who told me.

coward

i'll eat anything (mom always
said i was a good eater)

but even i couldn't stomach
the bitter taste of that organ

(bargain) meat, mom pinching pennies to feed eight children, always asking

him for more at the end of the week.
that cow gave every part of her self,

from udders' milk to pickled tongue, blood made into pudding, even her

stomach lining cooked into tripe right down to her skin

covering my feet, back and hands. Madam,

i can drink your milk
but i cannot eat your heart.

hag

after you swallow a bottle of pills and come down to the kitchen

dressed in your turquoise terrycloth robe, you shake with uncontrollable tremors,

bang your teeth on the counter as you fall, breaking the cap off your

front tooth, your head bumps the floor as you convulse at my feet,

bleeding from the mouth.

Dad at the kitchen sink, turns to pick you up, calls the ambulance,

tells me to take the kids upstairs, then everything is in slow motion,

it seems to take forever until they come, the long

moments have gone blank or else I left the room

- I don't remember, but I think
- I shrank away when it came time

to lift your body.

#### return

it started when the second child was born, I guess, and you left the house, shipping me off to Mrs. Desjardin's damp smelling foster home, full of babies and diapers, or later, to my aunt's in Montreal; repeated at every birth, seven after mine; or even the times you were late to pick me up from Brownies, or sent a cab instead, or left me waiting at the skating rink in the village, long after the lights all went off (calling home, dad said you had left long ago), so I walk the quarter mile along the highway, icy river below. and the times you were late getting home to make supper, across the road having a drink with Dorothy and Al. even later, you didn't have to leave the house to drink, snoring on the living room couch, leaving me to guard my brothers and sisters, to start dinner before dad got home.

after one year away at college, I called home to say I wouldn't be back in the spring. you told me later you felt I had abandoned you. for the next ten years I was running away and now that I've come back, turned around and want it to be the way it was (now that they've all left you), when there was only you and me....but that was too long ago, before they were all born, when I had you to myself, your first born daughter.

watering desperately dry plants on the second floor landing, I start reading titles on her book shelf, an odd mix: "Know your body", "The White Witch", "Unholy Orders", "Weeds of Canada", "The Beautiful and the Damned", a white missal from church, a plastic spray bottle of furniture polish (unused), a can of zero-off motor oil, a green watering can empty, two dying plants - an asparagus fern in an upside down bamboo hat and a feeble geranium hanging over the railing.

in the living room is an amazing spider plant whose babies are having babies, stems wound together more intricately than a web, dried earth caking in the pot. I water and trim the dead when I come back later after flossing my leaves, dust. teeth, they look fuller, greener somehow. maybe it's just me that's happier, working to clear away debris and confusion I always feel in this dust-cluttered house. my husband and I are sleeping on the sofa bed in the living room (the one with the cigarette holes in the cushions), amidst the relics of the family museum: the conglomeration of Grandma's antique chairs, my mother's mother's old lamps and ancient t.v., Aunt Irene's knick knacks and handmade ceramics, dad's musty book collection covered with mildew from the basement, family picture albums piled high on the endtable, records, ashtrays, and enough dust to cover everything, until I remove it. now I can sleep.

### the secret life of seniors

my parent's huge front window (3 wide panels, a full storey high) is painted like stained glass, outlined in black tape, water colours fading with time (a project my father started when mom was in the hospital); on the back window in the family room, dad taped an outline of a Christmas card scene: Madonna, Joseph and child, abstract window art, churchy reminders that God is Love and Christian people live here. last year's palm leaves droop over the brick fireplace, announcing "behold He has risen", photos of weddings and grandchildren cover every dusty bookshelf and cranny. on Sundays, it's praise the Lord and pass the peas. only now, it's give us this day our daily tai chi and tofu. used to be I was the vegetarian, now I'm the carnivore and their heart. & blood pressure diet is lean and green, raw veggies and hold the salt.

staying with them for a few days, I discover the secret life of seniors: Italian lessons, creative writing class, choir practice, music appreciation, bible study, gardening. I watch the tomatoes sprout indoors, the kitchen smelling up with dried chive flowers and wild garlic plants from last season. grandmère in her red shorts, freshly shaved legs and bright red toenails, sips caffé latte while taking some sun in the garden; grandpère snoozes while listening to Puccini in the armchair, licorice twizzlers in a box by his side, the Financial Post on the floor open at the stock quotes; bird

feeders with signposts on them in Italian, Dutch, German and French divide the back yard into Trattoria degli uccelli, De berken tuin Café, Parterre unter der apfulbaum, and Café l'hibou.

but that big front window with all its stained glory is covered by two overgrown cedars rising higher than the house, as solid as a huge pair of shutters, shutting the house up. makes me feel like getting out the clippers...

### dream

the queen is in my living room
on a ship sailing to the north pole,
islands of seaweed where people swim
and look for snail shells, clam shells
in the water, poisoned some say, red
gold colours, green seaweed, they are
scuba divers or snorkelers, I hesitate
to get out, circle the island in my boat.

the queen is on my couch, smiling,
my baby son learning to talk, says,
papa is at work, we all strain to listen.
a whole sentence! the queen laughs.
she looks relaxed, she is off duty
here (she looks like my mother).
I watch her playing bridge with my in-laws.
I serve coffee and dessert.

café au lait, caffé latte, caffé con leche:
this much we have in common,
my mom & I, our love
of coffee. (Turkish, my sister calls it,
Italian or French, really). every
morning begins with milky coffee
& now with the new expresso machine
I drink it at home.

for Christmas two years ago, I gave her a Braun moulin à café, the next year a Royal Doulton cup & saucer, this year a frothing mug to whip up her desire for hot liquid, ease the cramp of hunger first thing before breakfast, a pot always ready when we visit, brewed fresh or reheated in the microwave, the requisite cigarette to go with it.

she taught me how to brew tea, too, with lemon & honey, when colds make my throat dry & stiff; holding the porcelain cup now, burning my thumb on its thin handle, I drink deep and think about her: mother, healer, woman, child.

ii

last time home, I stole a picture

from the album, mom in stocks in Old

Quebec. no, there are boats docked

in the background, it might be Halifax

or Louisbourg, where dad's ancestors

arrived with a regiment. she's flanked by

C. my younger sister, dark glasses,

smocked dress loose over adolescent

breasts, & younger B., looking skyward,

avoiding the camera; just a tourist

picture, shot by dad's roving eye, or

perhaps a true picture of the women he has loved: wife (arms & face caught in wood's headlock), pilloried in the village square; one daughter on each end, leaning on the woman imprisoned. mother's hands are tied, silenced, not able to protect, yet guilty by complicity.

I can never speak
about this picture,
but it speaks for me.

# Spanish

the beat of latin music draws us down into the lobby of the Museum of Civilization. mom & I stay to watch, while dad wanders off. mom is instantly enlivened, wants to stay & rhumba, samba, cha cha cha. perhaps it's the memory of her summer in Cuba, after a secretarial course & a few years of working freedom between adolescence & marriage.

I watch her lined face lift, eyes lit
with young fire, even her shoulders
ease up, the burden of 60 years forgotten
momentarily: eight children, their spouses,
nine grandchildren, shed as quickly
as a snake slithers out of an old skin.
don't talk to me now, her face says,
I'm dancing.

dad comes back, Come on, Peg, time to go.

Shhh, I want to see this.

Come on Peg, let's get back!

No, I want to hear this.

he moseys off to look at the totem poles, stiff wooden faces carved in frowns & scowls. then I remember the Spanish she trotted out

for us at the dinner table or if she was busy in the kitchen...Silencia por favor! or mom showing me how to play La Cucaracha on the piano: la cucaracha, la cucaracha, he was chasing Minnie Mouse...

even conversation class couldn't help
her American tongue get around French
(what dad wanted her to learn), but
she could speak Spanish. and what about that
vacation in Cuba? were there Spanish lovers?
torrid romances, hot blooded boys she threw
over so she could come north to Braeside, Ontario
to live in a house with frozen pipes...
Silencia por favor!
I'm dancing!

### SPEAKING FLESH

### BIRTH JOURNAL

"Speaking flesh.... What words are there? If it could speak! As indeed it did: it spoke the babe, and then the afterbirth..."

Daphne Marlatt, Anahistoric

### PART I: The Fire

March 8, 1990: I call it Poetry, but it's really just me talking to myself, while the radio plays easy listening in the living room; the cat has fallen asleep, left me alone with my belly, barefoot and pregnant (but not in the kitchen).

the snow finally looks like it's melting, frozen dog shit and bare dirt appear under ice; it's been the longest winter I remember living through. but finally it's beginning to show, the belly: it's going to get in the way, already it's pushing up and out, tipping me forward. the muscles seem to have a separate life down there, the belly button pushing inside out (I complain, but somewhere inside I'm dancing, even if nauseous).

this is the body landscape...the miracle drumlin folds over tearshaped hairdowned roundness; scar at the bottom runs transversal above that smaller mount, virginal once more, closed in on itself. the map of the body is changing, becoming alien; once you get to know your way around it, it upheaves again, an earthquake. right now it's just a belly with a thing inside it I can't see.

March 16 (3rd month): placenta forming now, attaching foetus strongly to my uterus. my abdomen carries this alien fluttering thing, only a 3-inch creature we call "Eustache", can't wait to feel him/her kick through the stomach wall. sun and warm today, even this headache can't drag me down. I want

to be here at this moment, conscious, alive, grasp the joy of it, understand what it is I am attached to, this breath, this involuntary life flooding me, moving in and out of my lungs. the woman who is not born yet:

my giving birth becomes the birth

of the woman-from-child

I am somebody's child

and soon will be somebody's mother

April 6: it happens to probably 3 million women a day, this swelling and increase of cells, but I look at it in amazement, the belly beautiful, round as if I had swallowed the moon (it is in there, I saw liquid fire at the edges, warmed my hands when I held them close to it). I am becoming a believer in miracles: the flesh divides and re-divides, forming flesh that is separate yet in me; when I see it shining there I shake my head in disbelief at its relentless growing, like some overgrown melon plant, wildly out of control, it doesn't stop but swells and swells. right now it's still mine, but in a few weeks, tiny butterfly fingers and toes will dance a drumbeat on my insides, fists and knees will wake me to its new presence.

April 20 (after amniocentesis): dreamt I was bleeding, bright deep red, knew I had to go for ultrasound but not in Montreal, in Ottawa where my mom is; strange hospital, but determined to go anyway, fearful of losing baby (having already lost two).

May 5 (we still make love):

you suck at my nipple, engorged with milk, seek with tongue its leaking spout, pull on breast with mouth enflamed, hardened nipple tingles and burns, wetness fills the lips below and your hands knead and push, squeeze everything in and out, bring my lips to your face your lips suck again, everything bursts at once out of that nipple and cock dances in joy, revived by juice of life we embrace sky and earth at once rooted in ground but head blown skyward spine the lightning rod spirals into space atoms dance under skin, en-light-ened becoming light

May 8 (Women's work - dance class): we are to visualize women in other cultures and dance what we feel: I thought of the black women I saw on T.V. last night, dancing in sun, free as an island, or the pygmy in the rainforest, squatting to breastfeed her baby, or the woman fishing in a stream, machete in hand, waist wrapped in cotton sarong, bare breasts; then start humming to myself Brahms' lullaby: see me as a baby rocking in mother's arms, tears start, someone hugs me, offers kleenex, rocks me in the warmth of her easychair body. I let

go to feeling needy, hungry, just a babe myself with a baby on the way.

later, we stand looking out the window, at the nearly full moon: make a wish for completion of a cycle, for fullness: the hills and valleys of the bare moon make a smile of shadows, a kind of mercy shining down, makes me feel grateful, quiet inside, able to release the darkness, old fears, accept her light.

Tertullian had this to say about women: You are the devil's gateway...you are she who persuaded him whom the devil did not dare attack....Do you not know that every one of you is an Eve? The sentence of God on your sex lives on in this age; the guilt, of necessity, lives on too. (Adam, Eve and the Serpent)

yet the Gnostic Gospel says Adam said to Eve: You shall be called Mother of the Living, for it is you who is my Mother. It is you who are the Physician, and the Woman and she who has given birth.

May 21 (last dance class): Taking Space. claim space for all your organs and parts, expand into the larger universe. We eat our potluck by candlelight with songs, poems and prayers, offer sweetgrass to the four directions, an abundance of bread, fruit and nuts, salads and sweets. I pick an Indian medicine card: wolf, or the spirit of teacher who is in all things, compassion for others.

June 28: My days are measured by little accomplishments, counting how many things get done from my list: wash bedspread, get carpet cleaned, call movers for quotes, prenatal class tonight. grocery lists, people-to-call lists, baby cribs & strollers lists, research on diapers, the paranoia of not having done anything today because I'm not "working", coffeetable littered with notes to myself, to not forget - this way most of the moments are accounted for: add them up, they amount to something (all these financial metaphors?)

yet sitting at the bus stop today, five minutes with nothing to do, I feel how full each breath is: scent of green grass and leaves to breathe in, sunshine on sidewalk to see, people in cars driving by to look at. a young boy throws crumbs from a balcony twenty stories high. seagulls circle and grab the tidbits, hover and circle back. four stories higher, an old man watches the birds suddenly surround his building, arcing the air. I cannot count the birds, nor the breadcrumbs, nor the moments waiting to be added to my list.

July 13: the pleasure taken in small things:
this jerking and kicking in my abdomen
listening to birds, trees in wind
catching early morning sunlight
folding towels (practicing domestic skills)
eating watermelon and letting the pink
juice dribble down my chin (before the

nurse tells me I can't eat sweet fruit)
the pussycat curled up beside me in bed
stretching her chin to be rubbed,
C. hugging my tummy, resting his hands
there; catching sight of my water-melon
belly in the mirror.

### Watermelon belly Blues

I've got the watermelon belly blues can't bend over to tie my shoes can't reach down to scratch my toes don't fit into any of my clothes

pain in the ribs

pain in the side

cramps in my legs

too big to hide

people stop and stare
or offer me a seat
can't be inconspicuous
walking down the street

heartburn when I eat
or even when I fast
can't eat no more ice cream
how long's this gonna last?

blood tests, needles
doctors, nurses, friends
O watermelon belly
I've almost reached the end.

July 24, 1:00 a.m.: dream of running through a field of daisies, buttercups, bluebells, like some wild butterfly, pollenizing them by brushing velvet lips over their petals, rubbing musty vulva on their upturned faces. touching myself, a new recognition: this is the doorway to my unborn son, kicking inside, and also a place of my own to enjoy, this swollen mouth-cavern, smooth foaming doorway to the burst seed pod at the center of roundness, a channel sucking open/closed, the same rhythm as a baby suckling, coming naturally, body works as one wave tingling. imagine uterus emptying out child, his suckling bringing on contractions; hand pulls on left nipple, fingers explore wetness of the cunt-flower.

Aug. 9. The Raspberry Patch: Hot muggy days, sweaty nights, we move house in the worst of it, then escape for brief vacation in Stowe. These last few days the belly is a beach ball, pushed up on one side where a heel or knee presses against the wall, the movement visible in waves, volcanic bursts of activity when I sit after eating, usually at night. It always surprises and shocks, when hard little knobs stick out, making stomach lopsided. Our hosts at the B & B are worried I am too far away from my hospital. I look ready to pop, start to feel huge, uncomfortable lying down, or bending

forward, breath uneven, laboured: huff, puff. Doctor warns against sugar, salt. Watching me like a hawk, she says.

Aug. 21. Braxton Hicks contractions...stop my breath...wonder if it was real...this evening in prenatal class, discuss the difference between real and false labour. how to know. we cry when we see movie on childbirth...the couple's effort and emotion...a real baby coming out, blue & red....it's too close to reality....four more weeks.

Sept. 10. moody, cranky, restless. tired of carrying the awkward ball. husband massages my back - sensual warmings, neurons dance on the edge of hairshafts. touch breaks the solitude of skin.

Sept. 13. I never knew there were thirteen months before, thirteen moons in one year: the real calendar reckoned by female blood.

Sept. 19 (due date). false alarm. failed induction (into hospital at 6:30 am, out at 7:00 pm.) remarks from staff:

you have a stubborn uterus (female obstretician) it's like trying to stick your finger through

the hole in a lifesaver (second doctor)

lousy cervix - tight and high as a kite (my doctor)
Science, however, did not succeed.

Sept. 21. when God cursed Eve for eating the apple, he decreed: "in pain you shall bring forth your children". our heritage. I want to look at my fear of pain, possible reasons for tightness:

teenager's fingers (4 yrs old)
doctors' hurtful examinations: forcing
cold metal speculum when internally
bleeding (ectopic pregnancy, 22 yrs)
trauma of first blood (15 yrs)
blood, sign of miscarriage (twice)

Ne touchez pas à ma douleur! "les femmes qui accouchent transpirent, gémissent, vomissent parfois, émettent des sons bizarres, perdent le controle qu'elles ont habituellement sur leurs fonctions corporelles."

"It's the resistance that hurts, not the ten pound baby."

"The best way to get out of pain is to go into it."

Say yes, accept. "Je veux ce travail, je veux que mon corps s'ouvre et laisse passer mon enfant. Je veux faire corps avec la douleur plutot que contre elle." (above advice from <u>L'une à l'autre</u>, Hiver 1987, a magazine for mid-wives).

My uterus is not stubborn, it just knows it's not time.

Sept. 25 (Birth-day).

<u>I Ching</u>: Reality ultimately never coincides with its ideal.

The present moment is sacred.

fruitless labour throughout the night, contractions not

opening up cervix, pitocin at 6:00 am, doctor breaks my water, intense contractions, back labour, strapped to every measuring device possible, monitoring every move. suck ice-chips, hair all over my face, tough work...breathe! 1-2-breathe! thank god for the nurses...breathe...husband had no energy left, nurses command, go get some coffee. Breathe!

amazingly, he slips out, after 10 minutes of pushing, 17 hours of labour, at 2:50 pm, Julien Francois:

What a cool dude! (C.)

(eyes wide open, alert, Julien stretches his neck to see us from the table where nurse coos at him, washes off birth blood).

Isn't it my turn to hold him? (Jennifer)

I'm so proud of you, I told you you could do it!
 (Doctor, like a coach at a football game
 cheering)

It's like science fiction. (Jennifer)

(then follow four hours of too high energy, nothing to do, no baby to hold, the nurses convince us he needs to be under observation).

### PART II - Out of the fire, into the frying pan

Oct. 3. out of the fog of childbirth, exhaustion, happy to go home, but so tired, ready to burst into tears, don't let the phone ring just yet, can't bear to talk to anyone, just want to go to bed.

he was so quiet in the hospital, even had to wake him for feedings. first three days home - no sleep pattern, fussy and crying, we rock and stroke, massage and burp him, bitch at each other, our emotions swell and recede. the cat scratches me and I fall apart, scream at her, then burst into uncontrollable sobs, C. rushes upstairs....Motherhood, first stop towards insanity? call Mother! I need a lot of help. (our first idyllic week a disaster, C. goes back to work).

Oct. 5. pediatrician's advice: he smells your milk, move him away from your bed into his own room. it works he sleeps four hours. he cries so hungrily, angrily, not anger but tummy trouble, or thirst, need for warmth of my belly & breasts, my body his refuge. he will come to me, arms outspread in fear-of-falling reflex, startled into grabbing on with tiny fingers clenched around my finger; or, legs bunched up, small bum in the air, while C. changes his diaper, little anus jet propulses sweet yellow kaka right onto C's foot. little one, I love your peeling feet, your blood-hound nose; you smell my milk, the food my blood makes for you.

Oct. 17.

I am a reluctant swimmer in the current of this baby's attraction. I keep my walls up, but he blows them down with tiny sighs. like no other lover, he offers me pursed lips, his surprise to be awake in my arms. my time and tide encircle his life, his body, his wee

fingers and toes. where he goes when he sleeps, nobody knows. at first he was a perfect stranger, but now my heart knows him, my ears are sharp for every cry. no mother wolf has keener sight nor smell.

I sleep with arms crossed like his, across
my chest. in the mirror, it's his eyes I see,
his lips, his nose....this is some deep magic,
pulling me some place I can't withdraw from,
pulling love out of me, even when I wake
unwillingly at 4:00 am, I'm drawn under
his spell by a smile or rolling eyes, some silly
expression. sleep disappears from my heavy eyes.
once fed, he drops off on my breast, full, content.
moments later, I am dropping too, far away, until
the bugle call of his hunger drags me back
to wakefulness.

we are not one, I feel his separateness, but we are of the same blood.

# Oct. 26. "Birth into the world is the coming into light...The beginning of the world." (Erich Neumann)

I ask you if you know where you came from, one night at 4:30 am, in the rocking chair after feeding you. sometimes you smile "aux anges", look at the light from the window, or right above my head. are you seeing someone? your guardian angel?

why do you look over my shoulder and smile to empty air? do you see my aura, a halo of light around my head?

"The round is the egg", the circle, my round belly. what does a baby think of in his mother's womb? or is he just being, no thought, no separation from the One unchanging reality, one with the mother of all things. I dream of C., making love we form a circle, my legs around him, his around me. yoni and lingam face to face, the world parents lying on top of one another.

Nov. 6. have to transcribe these moments too, the fussy crying draining days, the feeding every hour days, the wearing on my nerves days. every pore of my skin feels rubbed raw, from carrying him in my arms: from crib to playpen, swinging chair to rocking chair, nursing, holding, patting, changing diapers. my whole day surrounds him. 'm so tense and tired by 7:00 pm and dinner time, when his daddy comes walking in I could just walk out, screaming. instead, I cry myself to sleep, baby must be feeling my tension too, and crying.

Nov. 13. my body, his blood
he sips at my breast, as from
source of life, his lips
work up & down, draw liquid
dew from magic teats, turn
milk into blood & life: he grows
fat on my blood

candlelit bath in evening: precious time alone. I hear his cries at a distance (this afternoon I actually blocked my ears as he lay screaming, refusing to nap. I wanted to work on my poems). tonight, I take time for the creature comforts I need: wash my hair, file my nails, talk to C. over dinner. in spite of the seeming isolation, I'm not alone all day. I talk and sing and rock the baby to sleep, talk to him almost constantly, or to the cat - and can never count on two hours of uninterrupted silence. his crying calls me now, he wants to eat; my heart (and body) cannot refuse him.

Nov. 20. my milk needs me to rest.

this morning after nursing, I rocked and held him instead of putting him right back into bed, thought how guickly this would be over, feel the moment, his heavy head nestled on the breast-cushion, warmth of his breathing heavy against my belly; drawing him down to me, small legs curled on my tnighs, he sleeps, quick breath in and out, noisy gasps escape his lips, and small sighs of comfort, sucking noises from tiny fist in mouth. motherhood depends on these few moments.

### Nov. 23.

my nipples, his ruby lips glossy with saliva caress the air, ready to suckle, my baby at the breast, happiest when his mouth surrounds me, pulls me in

we're finally settling, dare I say it, into a good rhythm, our days follow the clock, rock like a cradle from morn to noon to night with pauses for naps and hours of play time to snack and suck time to bathe and splash from sunrise to sunset regular rocking days

little clumps of fist enclose my finger, chubby thighs, chapped chin, eternally raised eyebrows wide-eyed at his success in getting me to smile, he surveys my hairline, or my hairband, or my green and yellow aura, I can't tell which

Dec. 2. cow-eyed

I used to resent the implications

of a cow goddess - heavy plodding

creature, but every woman feels Her

presence, who has once felt her breasts

harden with milk, ache to be emptied.

Women: we feed the hunger.

Dec. 12. for a child resisting sleep my humming bones soothe you to sleep

sing you to dream,
while you suck fist and fingers,
I rub your soft skull. we are
both so tired, we rock,
then snuggle into my flannel bed
with you on my chest,
ear flat against breastbone
breathing in tandem,
bellysoft waves on my shore
where you broke from amniotic sea.
now we feel it carry us back
as we drift, surrender.

Dec. 14. baby's protective hands, possessive of his/my breast, pull and push the flesh, rearrange it, kneading with one hand, sharp nails leave small red marks on the white. he pulls the nipple in and out at his leisure, pleasuring at his new control (12 weeks old, already master), but too small for control, really, he's just finding his mouth with his fist, can barely manage a blanket between fingers, but that breast! already home, already his. I don't mind really, I'd just rather he gummed a rubber dummy sometimes. his comfort, safety, hunger, needs come first, but I'm still anxious for his quick breathing to begin, eyelids to fall closed and darkness descend, so I can sneak away, put my breasts away in their protective wrapper.

Dec. 15. Dream.

in a churchlike building, arc shaped beams, narrow rounded poles stretched across the width like pews, some women standing on them, I stand on one too, white light shines from it. a woman to my right and behind, is telling me to cross it (like burling a log). women to my left hold me up as I inch my way, lose my balance, can't do it. try again, wobbling afraid to fall, fail. somehow I must cross on my feet to the next beam and all the beams to the front of the church. I fall to ground, slither to back or am taken to the woman in charge, am enfolded and embraced. it's o.k., though I feel I have failed, they are taking me back in. this woman is like a priestess or elf queen - her tiny feet have delicate leather sandals with feathers for straps. I feel I belong with these women.

April 16, 1991. Dream.

in my sensuous watery dream, I float with the current, naked in water, baby at my breast, one hand inside my vagina, clitoris washed and rubbed by waves, I lie on my back, legs open, wonderful wet let-go feeling, yet on wakening: feel shame, confusion at sexual content.

my body is alive and dreaming all the time of abandon, surrender to the senses, let go!

# FEMALE PARTS

Oh, darling, let your body in...

Anne Sexton

descent

perhaps you have no memory
of how you got here. you arrived
steaming from this wet place,
stretched her skin with your head,
bone & skull screeched through her
nerve tissue, muscle fibre,
streaming with water & blood,
salty & precious, her cord of life
that fed you nine months long --

there you breathed water
turned somersaults in brine,
a tiny seahorse swinging by one leg,
you forgot whatever came before.
and now you've been cut away
from her body. you must re-enter
through your own. remember
the earthy smell of this place.

now look, it is you:

touch it, see it, open your legs
& feel it.

is it some slimy swamp,
primordial sea? or just a snail
swimming in the tide, pulled by lunar

cycles stronger than even the lizard brain curled up at the base of your skull.

now, surface
into bright sun, parrot's screech.
water steams off the broad jungle leaves:
morning in Eden.

# feeling good

Sophie, three, wants to rub
on chairs, on the corners of hard places.
grandma (visiting) is shocked.
mommy & daddy are reconciled they talked to the doctor - he said,
with you in private but not alone
in the dark. tell her to do it in daylight.
she asks, is there something wrong
with me?

grandma had a boy, too.

she told her daughter, boys do that,
when he pulled & bounced & fiddled,
but good girls don't touch themselves,
so Sophie's mom wants to let her be.
Sophie's daddy is a doctor, too.
he thinks weird growths, bacteria,
some reasonable cause, why
must she rub and rub?
she says, it feels good Mommy.
it's a pain I like.

after the dance, 1968

high up in the bleachers in the school gymnasium, where the couples collect to neck, having had a few swigs of something in their coke & dizzy, she lets him push his fingers down inside her jeans to somewhere wet & pulsing, but they are too visible, move down in between the bleachers and the wall. in the dark space the bass guitar throbs, she doesn't mind if he reaches down there but he pulls away after finding her warm spot, his tongue withdraws from her mouth. up until now it's just been kissing on the ski lifts, snow cold.

another highschool dance, waiting for her dad to pick
them up, they stand at the edge of the sheltered entrance,
she, warm inside his winter coat's embrace, his tonguestretching kisses, not knowing exactly how far to go,
should tongues entwine, penetrate, rub? until the
muscles ache in the mouth, his hand twisting inside her
coat, fingers search for under skirt, a fortuitous hole
in smooth nylon, something moist. her father pulls up in
the station wagon, she pulls away hoping he saw nothing.

next weekend, his sister relays a message when she calls him: fuck off. she's mad, then hurt, then calls him back to say fuck off, too (she didn't know boys could be afraid, too).

### taboo

there is blood all over my
night memories - a ski trip
by bus, trapped in the lodge
by sudden flood, no kotex
in the washroom - no one to tell
this to. underwear cast out
can't tell my boyfriend,
men must be protected
from the curse.
after a long trip home,
crying alone in the dark
highschool washroom.

I needed to feel clean.

I needed my mother.

I needed God to be a woman who also bleeds.

### suede jacket

it was hip to wear 50's clothes then,
we raided the Sally Ann for plaid skirts,
cashmere sweaters, embroidered them with hearts,
flowers, beads, pulled out mom's old trunk
looking for old sundresses, wore dad's shirts
long over faded jeans, his soft felt fedora.

but mother's stained hunting jacket, soft as chamois (incongruous image that, mother with shotgun slung over shoulder), I claimed early, as my inheritance, dug it out of her cupboard, wore it like a disguise, it's magic, feminine power.

I'd wear that suede jacket & felt hat
to hitchhike downtown with Janet, the two
of us skipped class, doing little jigs
for truckers who winked & waved. we felt
our power then, impervious to mother's
warnings, harm downtown, the night
cafés & folk bars filled with smoke
too small to hold us. hungry for sex
(& innocent as baby bats) we hung out,
smoked up, dropped acid, came home again
(jiggity jog) before our glad rags could
turn to plainclothes. somehow escaped white

slavers & narcs, underage & drunk in bars where draft reeked through the doors. then safe in suburban beds, we dreamt boozy dreams, hash-highs, escape through the bathroom window, imagined our mothers never blinked an eye.

for Janet

you're right to want
the company of girls
who'll look at your body
without fear, & mirror

slender bones under white flesh here, at collarbone & wrist there, at shoulder & waist who'll say in female tongue

this is my body, my blood.
who'll know themselves in you
feel acknowledged (yes!)
as fruit of no evil

who'll have no fear of entrapment nor of being swallowed whole, no passage of regret in re-entering the womb

no way to forget that entry here, at thigh there, at pelvic curve here, & here.

### brainless

in the dream I am watching the women below me twist on the floor

hair writhing 'round their naked bodies, traces of blood or water on their skin

as if they have just been born, whole, transparent, oozing

sensuality, their brains not yet their own. the men behind me play

cards & drink whisky in the wagon, smack their lips.

I'm caught between them & the snaky goddesses below.

they're laying bets

I am one of those women.

cosmos

(i)

I think of the Virgin Mary
alone in her labour
crucified with pain
no midwives or doctors
just the grunting rhythm
of cow's breath, sheep snorts,
manure pungent, steaming
the stable like incense.

& here I lie, on this sterile steel table, heels strapped into stirrups, trying to feel my legs again after numbing epidural, trying to bear down eyes shut, intent on squeezing you Out

the stretch of skin, breath held till breaking, stinging fire round the lips round 'O' of your head as you are pulled, limp & wrinkled from my womb, blood fresh on your fingers. an arc of red dots splatters the stainless white

cloth where the cord
is cut from round your neck
& clamped tight,
on the table, placenta swims
in its chalice

& you, my sacrament
blotched face the colour of grapes
or wine, no bells ring
to herald your birth, no angels
sing but our voices call
& coo to you

you don't scream or cry,
eyes wide as they wash
the old blood from your body
hand you into my arms
now we are delivered
now we begin, you and I.

(ii)

head bowed, as he drinks
eyes closed, intent as a monk
inscribing gold letters,
or a glass blower shielding
his cheeks with both hands:
something delicate, fragile
in the making

milk, like manna from heaven, flows into his working lips, his fingers knead the breast. something pure from me goes into him, strange alchemy

he curves into my body
we breathe lung to lung
his snug warmth warms me
all movement & joy
beside me, alive
awake, alive.

(iii)

early morning, so still, nothing is moving, yet everything moves: the cosmos nods off on its long stem, even the tiny purple pansy is stirred by cool air, not wind but exhalation.

the phlox, heavy on their stems, toddle
like old ladies with walking canes,
even the elegant roses suavely twitter,
serrated leaves titillated by breeze. petals
drop to dark earth, slow decay.
the brick wall moves also,
inches a millenium.

my baby squats in the sunlit garden, dirt dribbling from his lips.
he pulls on the cosmos, takes it
by its thin green stem, & shakes it,
pulls apart, one by one, the mauve
& white petals, saves the gold heart
to crunch last. then crawls over
to me, odour of black earth in his mouth,
squats, falls back, leaning on a peony
bush, like an elf in the forest,
green parasol over his egg-shaped head,
his container full, right now.

my heavy arms clasp empty space, where his small body just left mine. his fevered head I cradled in my hands, and tried to smooth hot temples' pulse, then rocked him to cool sleep, his tiny body curled in foetal pose.

my arms enlace, hug & embrace but can never hold him for too long, for he will struggle free, eager to climb stairs, chase balls, push chairs, his moment never standing still. yet always he returns to my warm arms on his terms, now, when he is ready to, laughing or crying, happy or upset.

I end the day on empty, drained & yet, my heart encircling him is overfull.

#### bathtime

Julien in the bathwater screams,
doesn't want his hair washed. I turn him
over, hold him, handsonskin so soft,
brush quickly by the petal folded between
his legs - someday it'll be the hardest part
of him, yet skin so smooth, the hardness
hardly matters.

If I love him well enough will the softness remain? all the male adjectives await him: hard as iron, hard as steel, hard as stone; it's not a muscle, not a bone, but can be tense or taut, stiff as a poker, or a ramrod, yet supple & lithe (athletic), elastic not spongy or flaccid, downy as velvet, malleable as clay soft as in not tough, silky smooth, soft as butter (though it hardens in your hand, not in the fridge), yielding, giving way, not forcing its way. not a sword used in battle, but more like a flower's stamen.

crayons

she said the crayons are alright
to eat
being made of beeswax
& harmless

I was thinking of candles, honeycombs coloured scented pictures drawn by hand

light

dripping

from them

eden

under the umbilical tree, a girl child asleep, coral fan of placenta. the sun not risen yet, a dark watery space just big enough to turn in, blood warm water, amniotic garden.

in paradise, all is provided for, life flows liquid into her open mouth as she-horse rocks & plays & sucks her thumb.

bathysphere mother, surrounded by porcelain walls of my pink bathtub relax in the softened candlelight,

I imagine her enclosed, yet comfortable until the tidal wave of birth awakes her.

## waiting

all week for signs, omens, portents of imminent birth: a bloody show, a deeper displacement of hip joints, pain in the lower back, belly contracting in regular five minute intervals, sudden loss of weight - whatever the science and magic of pregnancy manuals can use to foretell the "event", a child dropping out of the red sky into 6:00 a.m. on my bed. but no, false labour comes & goes, bones under flesh distort my belly, hiccups of thumb-sucking baby disturb my sleep, I dream of pushing, hands tight on the handles of a hospital bed. nothing but fullness, days sitting in spring sunshine, waiting for hard tulip blossoms to open, their surprise of yellow and red, like Dutch girls' hats, winged open in day, closed tight & vulvular at night.

red lawn chair collapses on top of me, my awkward weight & beachball stomach can't move me out/up quickly enough. my son laughs to see me squeezed between two halves of the folding chair. balls his favourite object, he hugs my tummy, bangs his forehead just there where a small opening, belly button's fragile web of skin, pushes through, a foot or elbow.

windy today, rainy & cold. we are all waiting, phone rings often - friends, mother-in-law, sisters, have you had...? encore de ce monde? my body floats somewhere above planet Earth and my mind has been put on hold, welcoming into the future a child.

# lightning

i)

i am small in her hot bath of amniotic fluid, floating, when the smell of smoke wakes her, running she hands buckets to my father, he dashing it down the stove chimney, she rushing up flights of stairs with water breaking, 8 1/2 months ready to break me into, out of her at brok-neck speed, waking up again at 4 a.m. with contractions, she prays to the Virgin Mary for a sign, sees a show of blood, he thinks he has time to shave, she grabs a packed suitcase, heaves her bulk into the old Plymouth, he still pacing the halls waiting to hold her hand in labour, while she shoves off the ether mask, wanting to be all there to see me, nurse tries to hold her knees together—wait for the doctor! but I arrive anyway, ripping through her hysterical uterus two weeks early, no time to wait

ii)

now, my baby, two weeks late, induced by castor oil, sex & situps at 8:15 p.m., at 11:30 rumbles through my belly like a fire engine, siren screaming me awake every 3 minutes, still reluctant to leave, soak my fears in a hot bath, soothe cramps, manouevre into jeans, down the stairs an hour later. cautiously lie in the back seat of father-in-law's car, pray it won't be long till the hospital - where are your hands, to push on my aching back?....a gush from inside gapes my mouth wide, my lower mouth wider - Eye-yiee! she's coming! panting's not working, her head's already there, my feet against the car door push my head into the upholstery, it's not supposed to

happen like this! but she pushes through my fear, mouth & vagina forced open, as J. rips off my jeans, I'm howling, as her quiet body drops into his arms bent over the front seat - CATCH HER SHE'S COMING - then she's on my tummy, red & wet, one small Wahh - check her mouth & eyes, car still moving, driving through red lights stop signs up a one-way street the wrong way, & oh my God, she's beautiful (she's breathing) - lie back on the dark wet carseat, cover her in dad's red plaid shirt ripped off so fast all the buttons popped. we pull up to the brightly lit Emergency, new, vibrant, half-naked, he, sobbing with joy & relief, me, placenta still inside me, vulva split open like a tree struck by lightning. as they wheel us upstairs on a stretcher, wrapped tight together in hot flannel, we breathe breast to breast, I won't let her go.

#### seabass

the weight of her head
bobbing at my apple-nipple,
mouth gumming my skin,
thrumming of small fingers
on breast in ecstacy of milk-joy,
help me forget the needle-like
pain, raw blisters from nursing.

her fists clench my shirt collar
as she kicks her feet, curving
away, a fish on a line,
her mouth's attention to detail
perfect, milk,
still warm, dribbles
down her sensuous seeking
mouth onto my damp skin

#### O seabass mouth!

she sucks her tongue
in open bliss (no small
oral fixation this)
I am the bait, my flesh
the hook, to reel her in.

after naptime (for Rhonda)

a baby in blue gingham kicks
her legs, smiles at me with tealblue eyes, smells of Baby's Own
spice: zinc ointment & powder
mixed with summer sweat & damp
saliva'd sheets.

I see myself in her chubby arms & thighs, this seal blubber baby. mother said she liked girls best, but my neighbour cried when she knew it was a girl, six months pregnant - how not to be like her mother? whose mother slapped her face when she started her period, slapped the curse out of her.

& me? part joy, part tears,
my fears at having a girl
having to do with a vagina.
everytime I change her diapers
I see we are the same:
same slit between the legs,
same sweet flesh, same fear

that someone will open this
pearly oyster before its time,
as they did, as he did.
always my fear
guides my touch,
so careful.

# mothering the milk

napping to let the flow continue, both babies sound asleep, rain outside, could sleep all day myself. want to explore feelings in my body, so open to touch, sensation. babies bring all feeling to the surface, tingling; my breasts from nursing feel almost raw, Caitlin sucks as if I were a rubber dummy, pulls skin up & down; Julien occasionally wants to nurse too, more like a wet kiss on my nipple, shyly placed then removed. he's forgotten how. roughhousing with my little boy, he climbs my back, rides my hip, bounces on my stomach, pushes up my shirt to touch my bare back, makes me laugh all over, butts me with his head, clambers over me. we collapse on the floor, lady lion with cub. my skin is open to sensation, but wary, questions the feeling - is it aroused or just aware?

stumbling over nicknames for penis, we try wee wee, pee pee, kaka and poop he knows, points to his bum, says kaka! laughs heartily when mama farts - Maman big big kaka, his mixed French with English. my mother always said number one and number two, bumpty & bum, never vulva or vagina.

cycles

weaning my baby girl, I wonder if the full moon is the right time, or maybe at the waning, the way you cut hair at the new moon, so it'll grow faster, or push seeds into raw earth, or mourn a loss at the dark of the moon, which cycle should I follow?

the cycle of wet & dry, heat & cold, the signals my body sends me now that the monthly blood is back. the sharp twinge of ovulation - dormant hormones wakening, the breasts' loss of milk a sign to my cells to begin breeding. searching the night sky I look for the moon, to know where on the earth's circular trip around the sun I am.

for any life

this scrawny baby, claws curled, creamy skin barely covered with grey fluff, tiny yellow beak open, throat stilled. first a blue egg fell, yoke broken on my balcony. I swept it up, washed away the gold stain. now this skeletal bird, brought in by the cat, her small teeth a necklace of pearl round its throat.

they worked so hard to hide the nest, refused to fly into it when I stood watching, yet a second hatchling falls or is pushed. I bury it too, wrapped in white toilet paper in the garbage can, feet curled into its puckered body. sounds pathetic, but I'm sad for those parent-birds, for any loss of life. mother sticks her beak out of the nest under balcony roof, calls to her mate, perhaps a new egg to sit on? time enough in the season to start again.

maybe it reminds me of my lost embryos that never quite hatched, never formed past an egg sac, dissolved into themselves, expelled somewhere before crucial three months; each time I was pregnant, so hard to trust I would make it through the fragile time, foetus & placenta forming time. two eggs pushed out of the nest. no cruel predator, just nature ensuring only the fit survive.

five pregnancies later, I have two beautiful babies. there was time to start over, blend our cells into a whole perfect child. and give thanks, for any life.

### lilies

dream zooms me to a stone

Virgin in a field, a mountain side

her robe blackened by fire, she walks

in front of me tall & stern,

turns to look down at me from inside

her dark hood, I am knees to the

ground, trembling & scared,

ready to kiss her feet, or the tips

of her fingers.

she tells me the sorrow
is too heavy, I stutter, why?
why do they have to die?
"I throw them back" (like fish
too small to catch).
she can't stand to see them
suffer.

she smiles while I comb & braid her long red-gold hair awash in sunlight, her dressing room scented with flowers. she says, they bring me roses because I'm tired of lilies. prayer to Kali

o goddess of black deeds

I have felt the knife's

rage in my wrists, the urge to throw my baby

down the stairs, the blood surge making me crazy

or just a lack of sleep a fever in the chest

never enough rest stomp yell slap bang

the knife on the counter instead of hitting him

yet, next moment,
all is calm, I soothe his

head, caress him next to

my heart, tell him I am dead

serious. I will not yell,
if you don't. bargain, deal,

trade, but not beg. only request.

o raging goddess, this anger is not for him.

help me give tears to my sadness voice to my rage

turn this darkness into light.

#### after the sidewalk sale

headed for Kentucky Fried Chicken, three grocery bags in one hand & a jumbo bag of Pampers in the other, we enter ass backwards pushing the door open, baby in the stroller, 19-month-old straddling the edge, holding a basketball twice the size of his head, a helium balloon hooked onto the handle. we outblimp even the life-size pink elephant full of hot air bobbing in the parking lot. then overloaded, we roll home singing This Ole Man with our fragrant chicken dangling from my thumb.

baby wakes just as I'm stuffing my face with greasy fried; Julien gnaws a drumbone & the cat miaows at my feet, begging for meat. stick the baby under my blouse, milk rush tingles as she settles in. Julien debout dans sa chaise demands milk, drops his cup (I can't move in time to reach him), he screams, baby chokes on too much milk as I lean to catch him - Sit! I yell (Fuck you! I'm more tempted to say, but don't). they want my blood, these hungry mouths. my cells are on empty, too. yes baby, I'll feed you, as soon as I get some food in my own belly.

august

here it's a women's world - the park, where mothers, transparent, vulnerable, venture out with their children, in search of fresh air, sun & playtime for the kids, or just company, to find amongst strangers a welcome, however hesitant. we can smile & ask, how old is she? what's her name? without divulging our own names, an anonymous ear to listen, commiserate with over lack of sleep, lunches eaten standing up, potty training trials, sibling rivalry & all the professional problems of working at home; nowhere to punch in, so we wander over to the sandbox, tots in hand, strollers & tricycles lined up at the fence.

some of us are anxious to work again, to be in mixed company & adult conversations, to be busy shuffling paper or doing anything but dealing with recalcitrant egos, ripc kaka, squished bananas at our feet, tomato sauce & popsicle juice on our t-shirts, sand in her hair (again!), three loads of laundry a day, all those little shirts shorts & pyjamas to fold & put away. the endless list of things to do: change the cat litter, remember to feed her, fill up the wading pool, empty the wading pool; while the weeds go unweeded in the garden & toys litter the grass; Daddy comes home late at night & trips on them.

at the end of the day, putting the children to sleep, she looks back, was it a good day? did we hit each other? (too

often) we had fun at the park, on the slide, on the swings, he rode his tricycle, played with a friend, ate nachos & popsicles & watermelon. they don't always agree, his memory of events cancels out fears, pain, anger; then they hug & say, I love you! I love you too, I love you three! I love you mommy. And he gets the last word.

# listening

listening to the peculiar hum of machinery,
the humidifier at night, steady thrum of
moisture hitting dry air, a persistent highpitched whine that smacks the eardrum,
wakening she hears a cat crying, maybe trapped
in the basement two floors below, or locked
outdoors, a sound not loud enough to make out
clearly. it's like that every time she vacuums,
hearing cries of momma, momma, she quickly turns
off the switch, heart racing, especially if
she's left them in the other room, even for a
few minutes.

everytime this happens, they are playing quietly,
with blocks or balls or making a house with cushions
& chairs; there is no danger, no accident, no tears,
but as soon as she turns on the machine again
& hears that whine, every fibre of her body listening,
expecting disaster, every resonant chord in the motherapparatus ready to hear someone calling her. even
in the low pitch of her husband's breath, sleeping
beside her at night she can hear a cry for help.

purdah

a woman kept in a house is like a cuckoo in a clock her breasts sing with milk in the middle of the night

when she comes out
into the company of men,
her breasts fly out of the cage
her husband catches them
red-handed, trying to escape

(her wings clipped, a bird
in the house, two breasts
behind bars)

all night the house blows in the wind, a cradle on top of a tall tree or a ship lost at sea

a man thinks he owns his wife

if she stays in the house

she is his, but once she shuts

the door behind her, shuts

the door on her kids behind her,

if she shuts the door of her mind

behind her, she can fly no longer under lock & key.

her two breasts, small partridges
rustle in their nest, escape
like two cups overturned,
two loose dice on the floor,
two blind mice running to get the knife.

a mother alone in the house is like a cat in a cage with two birds, alone in the house with two children in the house without wings

at night the house doesn't rock
like a boat on the sea
it is rooted, stands still
like a woman chained to a rock
awaiting rescue, like a cage
rocking on its pole

the dangerous woman in the veil sings like the sea to the old woman in the moon she sings to the old woman in the shoe, she sings to a woman in anything else besides a house.

at night a woman tosses in her bed like a tree in a storm like a house in the wind like the sea rolling over every thought in her body alive.

penetration of the wind

(I Ching #57) Open yourself to the quiet

penetration of friend's character

warm & slow, touching you
hold me in your arms, drink
milk from my engorged breast,
a wet pool of milk between
our skins, melts my resistance.

who am I to fear your fervent hands,
persuasive tongue? under your mouth
my skin shivers, tongue unfolds
as a petal meets the dew,
though my thighs are still tight,
green & untried like the very first time.
I have to ask you to slow down,
not ready yet for you to penetrate.

the rain falls outside, fan blows cool air through the window.

2 a.m., wide awake, opening into new love. five weeks after childbirth, I am still afraid it will hurt.

dimensions of skin

when I want to praise your animal body sniff its every crease, pull back

the skin and crawl in, my moist pores smooth against the pelt of your thighs,

I snuggle into down underarms, stroke the mole-soft rounded snout

as it snuffles & shoves its way down in. under its muffled voice

we sing, the wonder finger tips arouse

touch breaks the solitude of skin.

## cherry blossoms

I figure you can always learn something from T.V. like yesterday, on Oprah, the "Light my fire" seminar lady suggests, to renew a dormant love-affair, cover the bed with rose petals & make love on top of it. but tonight, just before dusk, limp cherry blossoms lie on the grass, cover the cement path to the backyard. and soon you will walk through the open gate, stirring up strewn petals with your leather shoes, scuffing their maroon shine with damp pink - the way you walk out of my bed every morning, leaving the scent of bruised petals in your wake.

## cunning

and that word, cunt, my knowing cut

off from verbal roots, unwritten.

not only the word belittles, it's the body

maternal, sexual

it's something more than 'contemptuous slang
for vagina or woman', cunt: from cunabula,
cradle, protective body, rocking at the breast of,
cunctipotent, all powerful, cunning, knowing,
(not able to know her sexually, of the same sex,
unable to know my own sex), skilled
at deceiving, crafty

cunicle: passage we all come out of, sacred well not a walking smelling box reeking of the sea nor a slimy swamp. cunnus diaboli - devilish cunt: the church's name for a cave or grove sacred to the goddess

when did it become just a slit, snatch, beaver, tail vulgar for vulva, even your mother said don't touch yourself down there, female genitalia as the mouth of Hel(1), fanged castrating womb of death that swallows men whole

my baby comes from this mother of caves covered in blood streaming wet trailing his cord & crying as he slips out smooth as water my body the ground he is leaving for home helpless fish in thin air line cut & tug at my heart pain now eased mouth gasps open

remember the sharpness of the knife
that cut the slit wide open
allowed his crowning bone-hard
head to push through that cunt
so quickly cut then closed
with catgut

my cunning cunt gives up her magic trick her one life-giving stunt

and that word cunt,

I know you now

as mine.

women's stories (a letter)

the ones we tell each other, late
at night or early in the morning
over coffee & a cigarette,
more than one if it's a story we've told
over & over like chain smoking, like
dirty laundry soaking in the tub, stains
evoking lost memories of teething, cut
lips, blood on the sweatshirt where
you held his head & he bled all over you
& you want to speak about this love
you have for other women who listen
intently, with their own pain showing
& many cigarettes to carry them
through the telling

a compassionate voice or ear, a dream
we both had, a dream of breasts, of loving,
the closeness we feel yet cannot say
because we're afraid of a label,
but what we really want, I want, is
someone fearless, a weaver of words
or truthteller, someone who's not afraid
of hurting while resetting a bone,
to make it straight this time,
not covered over with untruths, anger;
to talk about the helplessness

of being in a house in winter
with a sick child, the boredom that strikes
when you're housebound, the complaining
we do, being called martyr when all
you really want is to tell someone
how unfair it is that you're the only one
they call for in the middle of the night
& it's your ears hear them coughing
at 3:30 a.m. & you can't just lie there

bad days, I tell myself I'm lucky
the money's there, someone helping
with the kids & cleaning, & yet, & yet...
how to find out what our needs are & how
to take care of ourselves, not wait
for him to come home, take over, pick up
the toys & the pieces, mop up our spills,
how to find a quiet time, time alone,
time to think & write

I send you this in guise of a letter
because that's the way the words are falling
out of my fingers, in my mind I hear
the tapping on keys & it comforts me
at least I can listen to myself talking
& not talk out loud (for that's what
crazy women do)

reading Bronwen Wallace, Mary di Michele, & any other poets writing what they think is only their lives, only their thoughts, only the most important work being done right now on the planet, the raising of children with love, the control (or lack of) over anger, our need to be replenished with each other, filling up our bowls with sugar & coffee so we can tell our stories, not just talking over fences in the backyard but actually getting out & seeing women doing the same hard work with no pay, no thanks, just their little faces when you least expect it, smiling & asking you to sing a song about I love you or making up a song about superman all by himself in the living room. he says, go away mom, don't talk (meaning I have to do this alone, mom, don't listen or I'll be too shy to do it, cause it might not be perfect the first time)

so I keep on writing, dreaming, trying to live truthfully with my emotions in my body, and I hope you do the same

Goodnight sand (camping, Rollins Pond, 1994)

have left, hallelujah!

after the rain, torrents of it, after sandy wet feet, soggy sandals, panic buttons & god get me outta here! there is still no shelter from it, tent wet so we sleep in the van. but how sweet, after all this discomfort to be alone with my little duckies following me to the beach, to the tent, to the

toilet, along the asphalt road, now that our fellow campers

it's quiet, says Julien, down at the beach near sundown, and at our picnic table it's quiet too. yeah, I say, smiling. everybody's gone. we're the only brave campers to stick it out, because I want to be outdoors, not stuck in the house. I hate the dirt & mess (the new van looks like a silted up river valley after a flood) but the kids are happy - running in the woods, even laughing when they fall, holding hands like two little cherubs in the bush - the lake & sandy beach all our own. a mother duck swims by with six silent little ones sticking close, they come to nibble our tortilla chips, then leave for better insect treats. a butterfly flies under the tarp - it thinks the sky has turned green! sun appears from behind clouds & now I'm happy I didn't pack the tent.

tonight, by the fire, kids asleep in the tent, fear of the dark forces me to huddle in my lawn chair close to the flames - fear of what? the wild? of noises in the night that might be

raccoons or bears eating my noodle & scallop leftovers. last night I heard pots banging, opened the van window & shone my lantern at it (but blinded by the lamp, I couldn't see anything).

tonight, it's clear, cool & damp. I can't see beyond the circle of my fire or the beam of light on this page, white circle beneath my pen; snapping noises, wood crackling in the fire. I assume our neighbours are not cannibals, but we are still vulnerable, even if protected by park security & locked gates. part of me is reassured, but another part feels the rapist's breath on my neck. shake it off, look at the red coals, think about going to look at the stars (too dark), at least fire keeps wild animals at bay.

and what of the stars? their multitude of flashlights in the sky - leave the green cone of trees to see them against dark sky. my god I'm small. yet I can take my place, here, beside this tall pine tree. look up. neck bent. this is what calls me back to campsite after campsite, every year: this union with sky lake sun & stars - this loon-filled sound, at dawn or just before, this pine needle carpet softening the earth, moss & birch bark & rotten leaves underfoot, dozens of dragonflies at dusk flying kamikaze. Julien has counted them - nine, ten, eleven, fifteen, eighteen.

they're full of kisses & hugs for me, my kids, part of my resistance breaks away like sand between my toes, falling

grain by grain...they like me, surprise, surprise. I can push them away, try to escape, but they welcome me back, they love to touch me, look Mommy I'm a worm stuck on you, says Caitie, as she wraps her legs around mine & roots me to the ground, so I have to carry her with every step. she presses herself to me whenever possible, pick my up, mommy. command disobeyed at my peril.

so I give my kids what they want - a piece of my heart to chew, spit out or digest, & say goodnight stars, goodnight lake, goodnight sand...

## turning forty

scraped clean like a cantaloup
or a hollowed out pumpkin,
juicy orange seeds scooped out
& composted, or left to dry
like a gourd,
hard-edged spoon for instrument,
a woman's womb
& what happens when the dry seeds
rattle in autumn.

I have a small ripe melon
under my tummy, yet still
hold on to my edge,
the possiblities: to let it swell
& grow, or cut it back to the bare roots & tubes,
forty being some kind of watershed
(my horoscope equates September
with a ripe sexuality, abundance).

yet cords & muscles are slack, skin stretched & tired, no longer taut. perhaps it's just as well the seeds are laid out to dry, perhaps the squirrels are interested. female parts

over café au lait & chocolate croissant

I name all the parts of my body & write
a line for each:

from these breasts, milk from blood transformed, to my mouth-cunt birthing whole flesh bones in rupture & rapture, the body as flower/fruit, sustenance or poison, feet, loco-motion in dance & trance, drumming down the bones into world through pelvis, hips & knees aligned with earth, toes clutch the void on my back, monkeys: babies, spouse, mother & father (heavy as pianos on both shoulders), fingers arms & hands to withhold, shelter, slap, hurt, hug, hold the pen as it runs across the page, mouth, tongue its otherness, utterance, language rippling in the cheeks, bumping into teeth, skin maps the depth, dimension of touch & taboo, frisson raises goosebumps sitting on the seat of anger in the base chakra, grief & joy, churning & turning the stomach, sobs, like breathing water, air gulped into lungs, breath the connection whole in all our parts

Women are made taboo to women, not just sexually, but as comrades, cocreators, coinspirators. In breaking this taboo, we are reuniting with our mothers; in reuniting with our mothers, we are breaking this taboo.

Adrienne Rich