# Dying in the Southwest 

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A Thesis
in

The Department
of

## English

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## CONCORDIA UNIVERSITY

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This is to certify that the thesis prepared
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#### Abstract

Dying in the Southwest

Abigail Roelens Dying in the Southwest explores the relationship between the individual, the collective, and the larger socioeconomic systems that provide the foundation of the places we call home. The collection focuses primarily on the city of Windsor, Ontario, which was known as "Ground Zero" during the 2008 Financial Crisis. Due to high rates of unemployment, stagnant wages, and low desirability for investment, the people of Windsor-Essex County found themselves trapped within a constantly shaken snow globe. Inside this microcosm, habits and routines were broken and patched over hastily in order to survive. The poems follow the small, personal dramas that play out alongside and within the macroeconomic crisis. Dying in the Southwest captures the many attempts made to endure, adapt, or escape the city. Stagnation and failure pervade these attempts. Misdirection, error, and unwillingness to change lie at the core of both the cause and effect of the Financial Crisis. Throughout the collection, Dying in the Southwest maintains a balance of hope and cynicism for a city so ravaged by large-scale systems beyond its control.


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## Suburban Symphony

Weed whacker whirrs a chronic humdrum in the land of lawns.
Open, garage door. A rumbling nostril.
Some people call this style of house a home
sweet home.
Sounds like tinny turns
of AC fan blades. Sounds like broom bristles against sidewalk grooves. Sounds like soccer practice is over. Nails on a chalk paint wall.

Open, garage door, on some conundrum at sundown:
a row of snout houses with kids
spilling onto cement like boogers.
Cheering, chanting, carrying on
trampling over fresh lawns.
Echoing off minivan doors,
but no one seems to hear the commotion over the weed whacker whirring and the yacht rock blasting from a Bluetooth boombox.

## Storm

Wind gusts cold
against humid plumes.
Sea vents on the sidewalk.

Squalls flip leaves
like a hand smoothing over sequins.
Image changes in an instant.
Barbecue covered. Chairs scraping against cement. An umbrella collapsing.
Dark over Windsor. Bruised sky
swelling with hail.
Kids clamber out of pools taking noodles with them.
Shivering with puckered skin under towels.
Peering at the sky.
Surely, this will pass soon.

## One Hill Town

One hill, nine churches, twenty thousand people, seven bars, two Tim Hortons, two grocery stores, three, no - four, now, stoplights, one main drag owned by two different people, five empty buildings, three new subdivisions, two elementary schools, one Catholic, one public, one high school serving three surrounding villages, two gas stations, one full service, one with Slushie machines, one serious coke problem, two pharmacies, six pizza places, two ice cream shops, zero cafes, zero microbreweries, one Beer Store, five banks, three car dealerships, and one dream of making this town just like all the others.

## Commute (I)

I imagine this is a comfortable life where every morning the sun rises at Tim's. Sun-soaked car hoods wrap from drive-thru to main drag, someone's mother behind another's father behind Someone I May Know from Facebook.

A town doesn't need a clock to run like clockwork. Just settle palm into steering wheel and show up to dance whatever choreography the boss comes up with.

Road wears down in parallel lines. There are multiple ways to get to work but everyone takes the same route. I get to know my neighbours by their license plates.

## [Great Canadian Poem]

Here you are, walking along
[street name], approaching [street name].
You know the intersection. Everyone should.
There are attachments to this pin you've placed.
The view lacks, though. Bring your own atmosphere:
lingering scents/sounds of [nearby water body].
Bodies wearing [hyper-specific garment],
slurping at [coffee shop].

You have lived your landmarks, visited [point of interest], and dis/agreed with consensus. Yet there's something so special about [Great Canadian City]
that you pause to make synecdoche from streets.

## Bar Trivia

Point Pelee is the southernmost tip of mainland Canada.
The bonus feature no one asked for at the end of Ontario.
Michigan is North. Americans see more snow, but cross the border with skis strapped to SUVs.

The tip shifts. On a daily basis, Canada is a little bigger or smaller depending on riptides and rain. A skin tag dangling off the bottom of the country.

Erie is the shallowest of the Great Lakes. During high winds, even the water shifts away from Windsor. For that, St. Catharines has a nicer bridge.

The Ambassador Bridge is the only privately-owned border crossing in the world. One family trying to turn one bridge into two and double their wealth. Concrete chunks fall onto student cars in Lots A and B.

Rats scurry down Indian Road. Crawl into cracks between window boards. Prime real estate. Murdering neighborhoods is an easy business for millionaires with billion-dollar dreams.

A health-unit study finds that residents of Windsor-Essex need to stop smoking. Doctors hand out nicotine patches in clinics. Nurses visit schools with blackened lungs.

Rust-coloured sidewalks line the roadways near the mall. A smelting metal scrapyard blows smoke. As innocuous as a grandfather with a pipe.

The highest rate of deforestation in the province. Pockets of trees hide colonies of inbred deer.
Another doe leaps across the pavement and into headlights trying to save herself.

Windsor is called "The City of Roses." A lonely child imagines friends to keep them company.
City employees yank up rose bushes and replace them with shrubs as part of the beautification budget.

An anonymous artist achieves international fame after Jimmy Kimmel shares a shrub sculpture on late-night TV. The bandit evades capture while the mayor charges them with embarrassing the city.

## Unemploy

a verb creates
an adjective, in turn,
makes family dinners uncomfortable.
maybe not always an adjective
but a past tension becoming a noun:
a person, a thing,
a place setting at the table.
Rendered not in use.

## The Fisherman

Water slops against a break-wall.
The fisherman wishes for the spray to catch his beard.
It never comes. Been too hot here lately. No rain in five days. Neck skin spotted brown and red like a trout. His hat covers only his face.

The wife thinks he's been working outside. He sets his rod down against the rocks separating him from the lake. From his pocket, he pulls a pack of cigarettes.

There's nothing for miles.
Ohio is a blotch no darker than a storm cloud. The fisherman has never seen the ocean. He's been scared of flying ever since a friend of a friend died on an airplane.

The fisherman flicks his cigarette butt into the water. It bloats up and mixes floating in the soupy debris against the shore.

A mechanic with many years.
Cars were designed to fall apart.
There are airplane mechanics too.
Maybe airplanes weren't built to last either.
He casts his line out. Satisfying plop of the bobber on the water.
Three weeks ago, a storm ripped through town, dumping hail and rain and pink slips onto the windshields of the parking lot. His car was hit. The slip crinkled in his pocket.

Bobbing red and white. Waiting for any movement. Patience.
Nothing caught means nothing to explain. To the wife
jobs are getting harder to come by and the fisherman is lucky to have his.

He'd already gone and stood in line at all the places in the city. Alongside former colleagues. Alongside kids with degrees. Alongside people chronically in line. There is nothing for miles. He fishes to exercise patience.

Ruddy water. Dead lake. The fisherman doesn't remember when the last time was he had so much time on his hands to fix the garage door and the toilet upstairs. There's no pride in being at home with the wife on a Wednesday. Not when he could stand alone on the shore waiting for something to bite.

## Fortune Cookie

You won't be disappointed this year you will find you are capable of the sequence of events to follow
your path lies ahead
a good omen will point
you in the direction of hard work makes all dreams accomplishable in sleep.

## A Love Poem

Days slide off his tongue in puzzle pieces.
Her lap is covered.
She excels at fitting incongruent pieces together. A jam to musicians or traffic enthusiasts.

Surely, there's no peanut butter here.
Even if his day swirls
recombinantly, like honey drizzled over and into its own pot, she will point to the dripping wand as proof of inconsistency.

## Koi (I)

After-dark adventure through sepia suburb streets shadows of rain drip across concrete.

There are no cars passing. There are only two fish splashing up the sidewalk.

Sweet nothings and giggles barely heard beneath the cloak of the tall grass orchestra whipped to action in brief gusts.

In a pond of butterscotch
lamplight, two slippery fish
find themselves out of water.
Mouths agape, they drink
in the sweetness of the moment forgetting air kills in large doses.

## Fish Hook Murder

Second death in two days down by the docks.
Erie ebbs.
Concrete grows green hair.
Fish musk blows in with
gravel pit grit. A sight
for sore sinuses.
A crime scene
splashed amid the sludge.
Dawn's haze on Erie's
haze through hazy eyes
of a reporter, a coroner, a constable.

A glimmer in the filleted thigh flesh: a gold hook a sickle
twining around a broken vein.

## County Love Bug

High schoolers coughing, not cigarettes or swigs of vodka from plastic water bottles. No, this is a new plague
sweeping through classrooms: the County Love Bug. Coupling up everyone who touched hands over a bowl of chips or made eye contact in gym class.

Sufferers say it causes dreams of love affairs.
Of producing two kids with names that have a " $y$ " where an "I" should be. Of a raised ranch with a garage, a driveway, a yard for the dog. Eventually, a pool.

The only cure is to get married and, if lucky, divorced, within the same decade.
Ensuring the next generation will be immune.

## The Essex Fun Fest

Every year, on the second weekend of July, every chicken, hen or rooster flocks back to this coop of a stretched-white rental tent to stand in a circle and listen to a Bruce Springsteen cover band.

And every year, a storm passes through on the Wednesday before, dumping buckets onto thinly-grassed fields.
Once a swamp, revitalized to its glory days. The return of the prodigal sun by Thursday does little to dry only heats the mud. Essex County's finest spa treatment, the subsequent headline, "Former Swamp Opens New Pop-Up Spa." One weekend only. It'll suck your socks off.

In this mire, we crack beers like the Deluxe Diner cracks eggs:
Farmers' hours. Enough for a full restaurant.
We sink in to the ankles as though we never left.

## The Zipper

Rickety rides bloom every year from parking lot asphalt cracks.

Shut into a cage -spray-painted to cover rust you peer from between handlebars damp with sweat of riders from past towns and decades.

Only this fact prevents the seed of doubt from fertilizing.

Possibility of malfunction unfolds
with each metallic groan
as you are hoisted
up.
Cage tumbles
over. Your seat
fades away from the edge
of your spine.
Lurch
into handlebars. Face
parallel with asphalt.
Glorified bobby pin
separates you from
your worst case.
Thrust back
on your back.
Foam cushions squeal.
More metal clanks. Screams.
You can see your house.
Now you can't. See your friends waiting in line. Now they're replaced with body-shaped cages.

And you are still suspended above.

## History of

Depression
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## Final Frontiers

I've been standing on the cutting edge for so long my socks are getting bloody. A delicate balance requiring a ballerina's toe. Too clumsy for that. I wear platform shoes instead.

A costume change here and there tends to help keep my soles cleft-free. Lately, there's no stage. No need for costumes. Same old shoes split up the sole straight to sock.

Deepening the arch
in my foot means
there's less of me attached to Earth. I would split myself in two if it meant I could eat ice cream in a volcano without melting.

## Dying in the Southwest

Ty says he wants to die
in a plane crash less than ten minutes after take-off. He rambles about collective death and bursting into flame. It's noble, he says, to die like a lobster. It's wrong, I tell him, lobsters get boiled, not burned. It's all the same to me, he sighs, it's all the same. I'm a vegetarian afraid of the ocean; I know nothing about lobsters.

Alex and Chad are here on a Tuesday because the door is always ajar. Alex cracks open a bottle of cinnamon whisky. He begins, I am dying, I am dying of boredom. I agree and we sip. I think I understand Ty's vision. I whisper, we haven't even reached cruising altitude.
Chad doesn't know what I mean. I tell him it burns as I swig. Would it be better if Detroit was burning too, he asks. Detroit already burned, I answer. Now it's just setting the record for world's slowest phoenix.

Every roommate is home and wedged onto the couch watching The Departed. It's a clown-car affair. Families are always rising and falling in America. The couch leg breaks under the weight of six people. It's inevitable. I want to make a joke about how many university students it takes to fix a broken couch but none of us move to fix it. We sit on our slope and take bets on who survives to the end.

Chad and Alex are over again, but on a Friday. We want to go to The Loop, but the building's condemned now. Something about the stairs rotting. If someone fell through, there'd be a lawsuit. Instead, we spend our Saturday on the overpass over Huron Church Road. We want our feet to dangle like in the movies. Six hands latch onto a fence, and six eyes peek through hexagons.

I pretend my house isn't where it is. Everyone joins the fantasy, acting as though the furthest place from Windsor is the west end of Windsor. We're convinced we are somewhere else.

Every Thursday, the roommates invite everyone they know to come over and drink on the kitchen floor. We hold emergency council after someone climbs a tree and someone else crawls up the stairs to recite "Lady Lazarus" in my bedroom.
Our council vote is unanimous, and we stop
holding Thursday night meetings.
Chad lives on my couch for four years, rent free. He moves in with an alcoholic for a year after that. He believes in perpetual motion. Toronto is the only place that can keep up, he tells me.
But he has to make ends meet.
I walk along the river with Alex.
There are steps leading into the water with no fence in front of them.
He points to the slick rocks. Do you think
it's cold? I ask. Do you? He knows.
I want to dip my toe in;
I don't want my socks to get dirty
while they wait for my foot to come back.
Ty comes over after work.
He's been repairing cooling systems all day.
I've gotten a bonus, he says, and I know
what I'm going to spend it on.
Don't let it burn a hole,
I warn, you should save. He nods, and shows me his plane ticket.

## Green Day Graduation Song

VFjWXuWCRXx BUixrpf QieSMfluimrVhdi
VFjWIuWCRXx BUixrpf QieSMfIuimrVhdi
VFjWIuWCRXx BUixrpf QieSMfluimeVhdi
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Title of poem taken from Green Day's "Good Riddance (Time of Your Life)"
Target phrase taken from Robert Frost's "The Road Less Travelled"
Algorithm Programming by David Mulatti

## The Genetic Algorithm

Seek target. Struggle through letters.
Through errors. Endless errors. Scrabble to unscramble to understand. Search. There is a target. A point.

Curious about error because the conditions are ripe for failure. Low stakes fertile ground by design. Experiment. Seek target. Shoot for the moon even if you miss. Have to land somewhere.

Even computers have a homing instinct. Page. Button. Screen. Returning. Machines for home or business. Bifurcate purpose. Every split root leads into the same ground.

Seek target. Start search from A-Z and back again to point B.
Understand You and I
will always love You. Understand.
Wade through letters. Data pool of twenty-six plankton sighing. Scooped one-by-one in record speed. Saving time one second at a time. It all adds up. Understand.

Seek target. Fail mission immediately. Familiar is failure. Isn't it? Repeating something enough can make it mantra or meaningless.

## Heavy Rain

I cut two of my fingers off to save my son in a video game. There were other options, but this one was the fastest. Think like a father distraught. He can't keep anything he loves alive: plants, cats, wives, sons, daughters. Hungry ghosts.

I once shot a man
in his daughter's bedroom. He begged me not to, like a father, but between my missing fingers, and my trigger finger, I hadn't saved my son. There were other options. But I'd made a mistake
in the previous scene, I overdosed on a fantasy drug and spent the rainiest night in a hotel. Think like a father on a trip.
No kids, no wife, only hungry ghosts and lost time.

My son's waiting beyond
the save point in the sewer.
Puddles become threats, become pools lapping at ankles, at knees, at corners of chapped lips.

And I am in a bedroom missing him.

## An Exceptional Undergraduate Experience

First week of classes and kids on campus complain about living
arrangements. The windows don't open.
It's 81 degrees in September. Maintenance staff on strike.
Air conditioning in the STEM buildings fails.
Air conditioning in the Arts building never existed to begin with.
A prof cancels class to quit smoking.
He fails. He cancels class again because he's upset. In our next class, he lectures about union solidarity then turns to The Canterbury Tales.

There is no reprieve from
77 degrees in October. Not enough ice to keep the beer warm.
Cold fronts come through.
What goes down never stays down.
Windsor has a gag reflex.
The University sends a pledge in an email.
All systems fixed by Friday. The day rolls around.
A van pulls up and turns without stopping. Picket line
cheer. Students bead sweat through tank tops.
We wonder if we will be compensated for the extra deodorant.

Little do we know the demographics
floating over our heads. Student success
measured in terms paid for.
Cash or debit only.

## Pirate's Life

Kitchen hums fluorescent.
A modern lighthouse
directing ships to port.
An outpost overstocked with rum in red cups and ever-shrinking bags of limes.

Convention of sailors swearing. Slurred oaths on Saturdays are obligations on Sundays.

Loose tongues tie knots.
Tight lips save ships. Trade
white caps for night caps.
Live a little. Wake up in the middle of the morning chanting
"Water, water everywhere, but not a drop to drink."

## Following Morning

No matter where I am, the mornings follow.
My kitchen's a collage
of bottle caps and crumbs. Still hazy, I scrub a frying pan in a sink
full of dishes. He stirs.
His mornings are sharp
reminders of the discomforts of waking up on the couch with no cushion.
He cracks his neck.
While I crack an egg
into bacon grease and push
the lever on the toaster and press the plunger on the coffee, I wonder if I should have given up my bed.

## Siren Song

In a dream, I am a mermaid with soft skin instead of scales.
Though you have me, line, and sinker, you haven't noticed. Now I'm blowing bubbles with a hook in my cheek.

With enough time, pliers remove every snag I am willing to pry. Maybe it's nice here. Held in the radius of a fishing rod's cast. One day you will have to reel in your line. I can't place bets on what will last longer.
My stomach or your indifference.
When mother cats pick up their young by the nape of the neck, kittens go limp.
Pinch my cheek with your lips and I'll stop struggling.

## Koi (II)

Watching the pond again.
Flowering calico ribbons.
Narcissus reflection dulling in comparison.

One fish breaks rank.
Bulging eye bubbling along the algae line winks and flutters away.

## New Year

Recycle myself for myself.
No one is here to take out the trash and I will spend the afternoon making windchimes out of every word we've ever said to each other. From there I can only conclude that every river has two shores.

## Routine Creation

Put your swampers on, we're going in to mine for oysters in puddles. Tomorrow we'll shoot the horn off a unicorn.

Muck around, no luck with the mollusks today. Aw shucks, you caught me with your big wide net.
This would be funny if I weren't so mad.

We should sift
for gold instead of prying pearls from muddy mouths. But we both know we lack the time.

I've heard that to dislodge the secret from the belly of the whale I need a key straight from the horse's mouth. But you disagree.

Tomorrow, we will discover where unicorns live and I will tell you: I am a broken clock with a shattered face. I am right twice a day, but I never know when.

## Basic Math

How can I breech an asymptote?
Understandably, this problem
demands a solution -
and fast -
as I approach $y$ with
the velocity of every hyperbole ever imagined.
I know that $1+1=2$, and I know that
Thom Yorke said that Orwell said that the government has proof that $2+2=5$, but this isn't that simple.

This is basic math:
as I approach,
exponentially I become closer
forever without ever touching
$y$.

## Quittin' Time

I haven't had a cigarette in eight days.
My fingers are still pincers, but tension eases
with each step.
This, I declare, is a new era in motion.
I have never quit anything.
Only given up. Look around:
A fridge full of rotting leftovers.
Damp laundry still in the dryer. Last night's beer isn't empty, not full either.

I tell myself my mother didn't raise a quitter. No. But, she did raise a near-sighted self-starter. Every day is sink or salvage.

In through the nose, out through the mouth. Recycling the same air is in my best interest just like everything else that'll make me live longer.

## Elegy for The Loop Complex

We fell in love with a building condemned to condos. Gutted, leaving exposed brick behind.

Opened the same time Windsor's downtown core solidified in concrete and steel.
First, The Loop was cold storage
for a fishery. Then, cold storage for Model Ts.
By then, it was drafty enough to support two sweaty bars.
One where a band played their first show.
One where weekends faded into memories
fond or formative.
We can spend years prowling for a new watering hole.
We get picky when we're thirsty.
And the holes in the roof meant
there was always fresh rainwater in The Loop. Which is exactly why
we had to set our sights on solid ceilings.

## "Exodus of Youth"

I can't return home given the cost of lumber. Pricey wood means pricey frames means the whole foundation of a house is a different language. No amount of dressing up will help me pretend I will have my own lawn in my hometown.

Todor spends his savings getting away. First to London, then Toronto, then to Ireland. Within a day's travel is too close. The globe gets smaller by this logic. If he could, he would live on the sun.

Kristina always said she would stay until she visits the mountains.
Her escape is buried in bonds.
She will connect every dot until she traps herself in her own web.

Travis flies out of Detroit to LaGuardia on a one-way Spirit flight. New York is big enough to hide in. Anxious boys burrow in boroughs. Schrodinger's someone. He relinquishes home to create a new one in style. He becomes himself best in loneliness.

Committed couples make their beds with sheets gifted from parents. Five to ten years too late to get in on the ground floor. Grab a partner, baby. One, two, three.
The leap from renting to home owning is dual-income and dedication.

Finally, Steph has luck.
A good deal sold privately. She jumps.
Three beds and two baths. A basement
for a roommate. An office for her computer.
There is a such thing as perfect timing. Loose the arrow and pray the target doesn't move.

The house beside my parents sells for nearly half a million dollars. Three guys I went to high school with wash their cars in the driveway now. My parents consider selling their house and moving out east. But they're a year too late. Housing market caught a fever, turns out it's contagious.

Fiona's heat hasn't worked since
November. Her landlord doesn't
seem to mind. Only a problem
if frost is on the inside of the window.
Snowstorms pummel London for days. She spends
a dollar-fifty every night drying tea towels
pressed into cracks.
My last night in Windsor, I fall in love with the idea of returning as an astronaut.
I want to appreciate the smallness.
These days, Windsor grows faster than trees.
With the cost of lumber, I can never return home.
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Title of poem taken from article in Huffington Post by Bruce Moncur titled "The Myriad Crises Facing Windsor, Ontario" published May 11, 2016.

## Empty Nest

Tires nestle in crooks of concrete.
Every year or two I find new places.
They keep getting further and further.
I am the product of a nest
that couldn't bear to be empty.
I left to build my own.
Collect every stick and twig in sight. Wait. For eggs. For hatching.
Feed every beak before me.
I never learned how not to
keep all my eggs in the same basket.
Like popcorn kernels bursting on an open flame, beaks broke shells into shards.
And I was there with worms on.

I can only hope
they had a good meal.

## Commute (II)

I lean over the highway. Cars hit the same pothole.
Suspensions bouncing.
This city, unlike others
is so trusting.
These aren't the overpasses
I know. No fence to seal
in jumpers. As if there aren't other ways to go.

## Rolling Tires, Willie Nelson

Rumble strips crumble to gravel cascades down deep ditch banks. Narrow shoulders barely keep the county road contained.

Pylons pimple the wayside.
An omen of a detour. Construction is knowing that every new road will one day need repair.

Maybe the men who paved the roads will be the ones to fix them.
More often than not, though, they are somewhere else.

They should be at home or on the lake fishing. But there is no shortage of work now that everything has finished collapsing.

Another job. Another day of mending endless seams.
Another pair of jeans for summer that won't last until winter.

Another drive along this weary road.
I have left here so many times
there are ruts from my driveway
all the way up the 401 .

