# Social Exclusion and Social Support in Rural Canada

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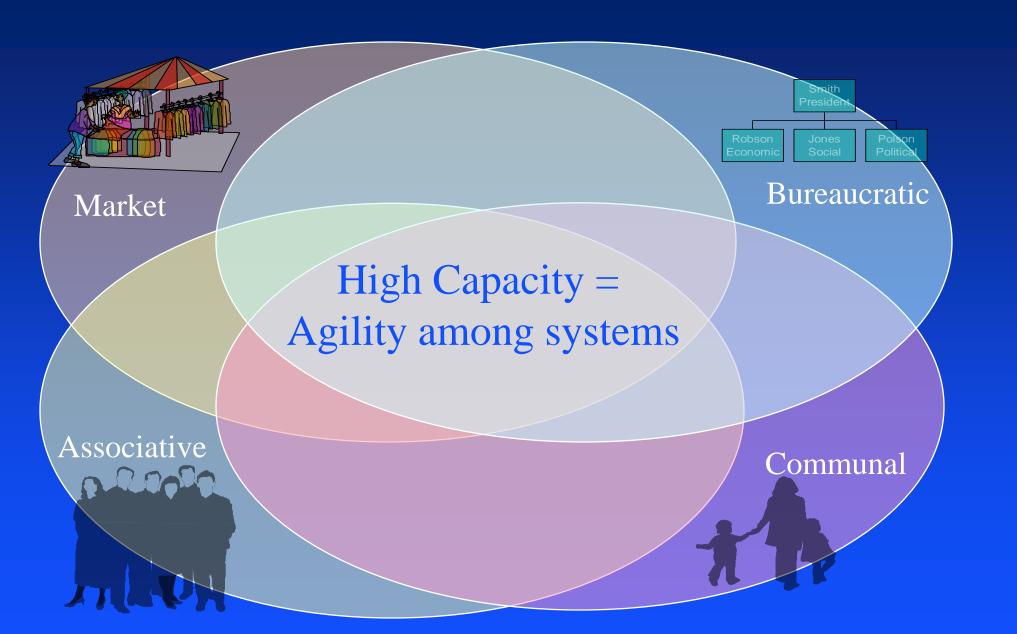






#### Social Exclusion and Inclusion

- About access to resources and services
- Focus on processes by which it occurs
- Mediated by social relations
- Conditioned by context



#### Social Relations in the NRE

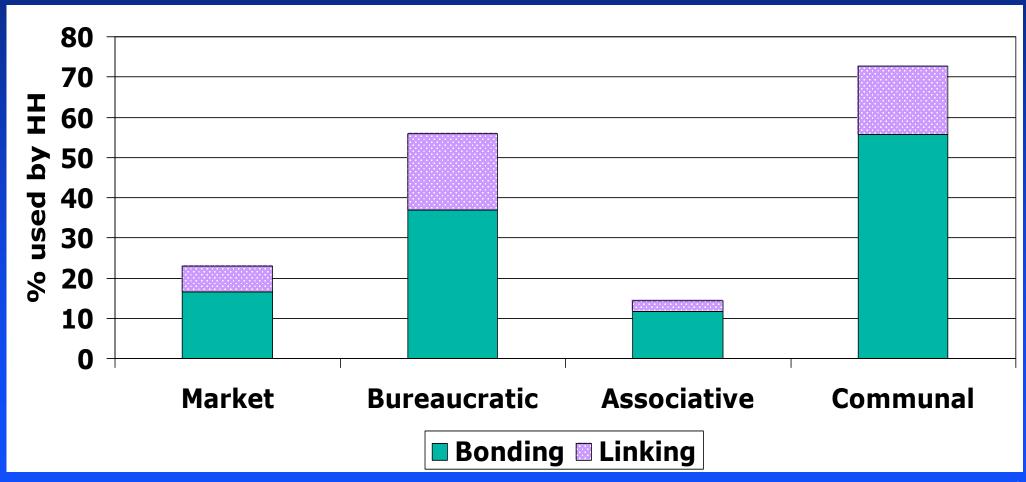
- Market and Bureaucratic more important
  - Individual: bank machines, medical services, jobs
  - Community: municipal services, economic development
- Associative and communal stressed
  - Smaller pool
  - Mobility undermines trust
  - Centralization increases dem
  - Specialization disadvantages small places

How do these affect access to social supports?

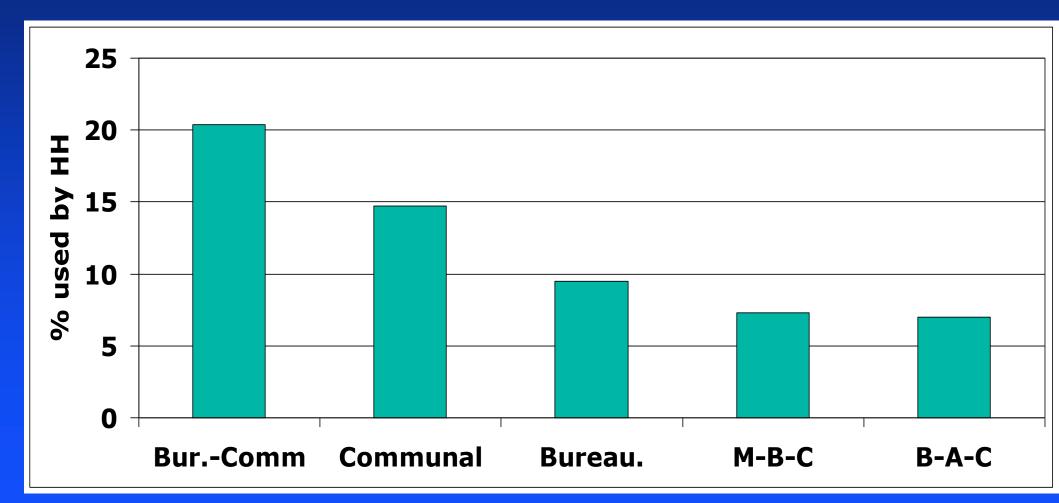
### Research Approach

- Household survey (1995 interviews)
- 22 of the 32 sites in the NRE Rural Observatory
- Provides:
  - Social Support information
  - Contextual information
    - > Field site level
    - Relationship to the regional and global economy

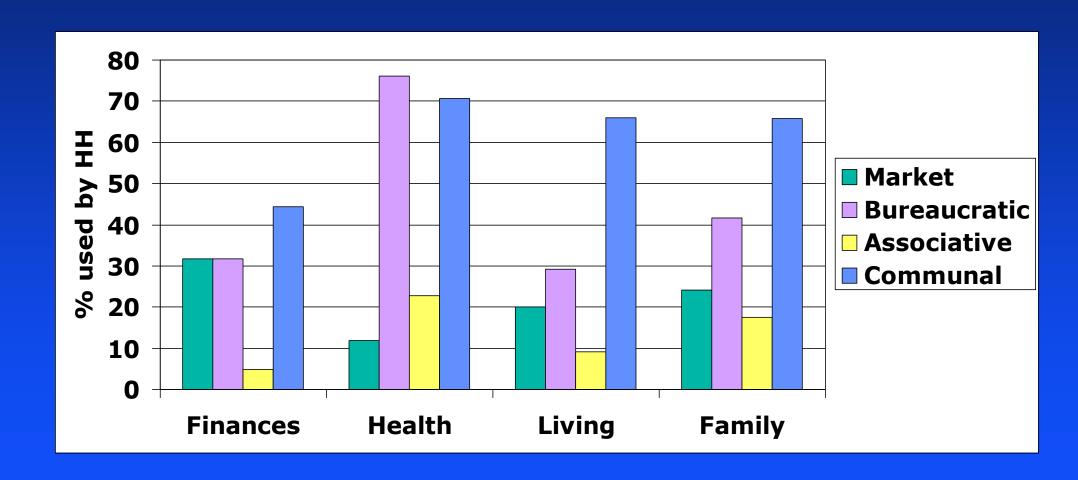
### Family and friends are critical



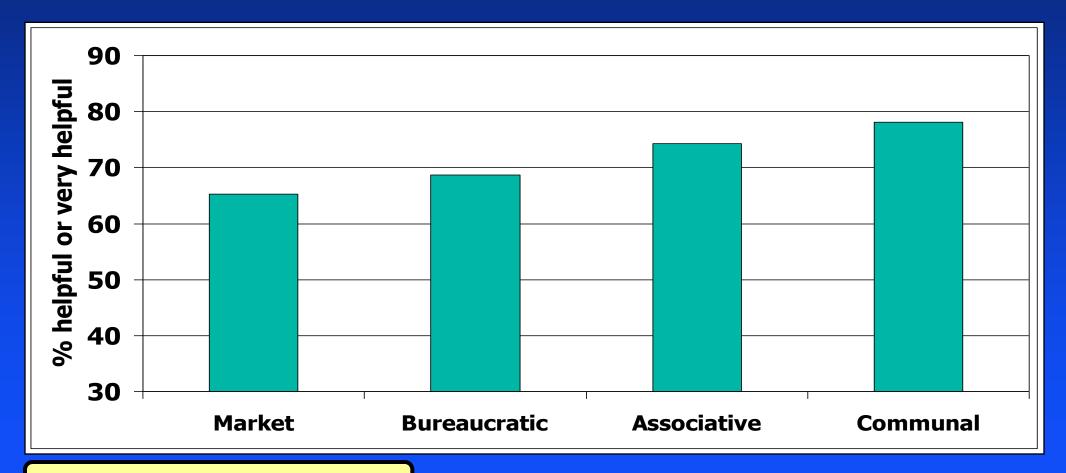
### Supports most often used in combination



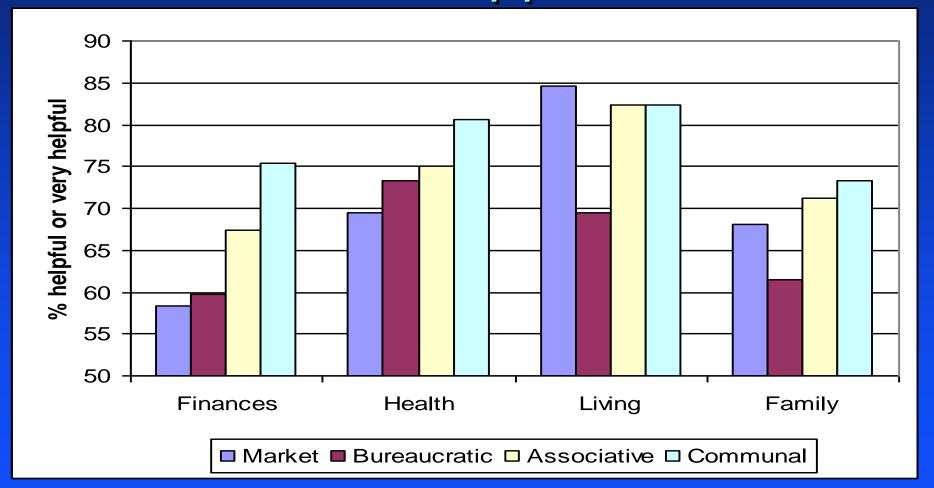
### The type of change matters



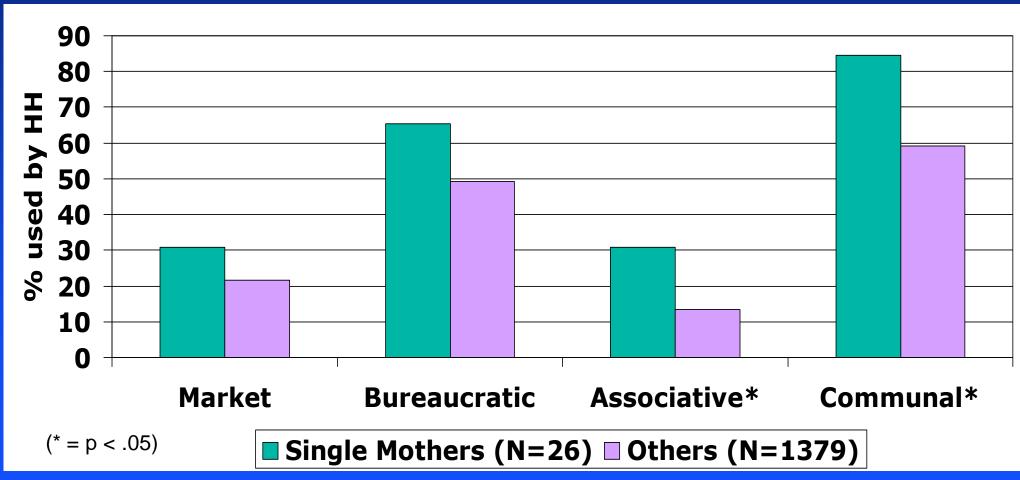
### Not all social support is helpful % 'Helpful' or 'Very Helpful'



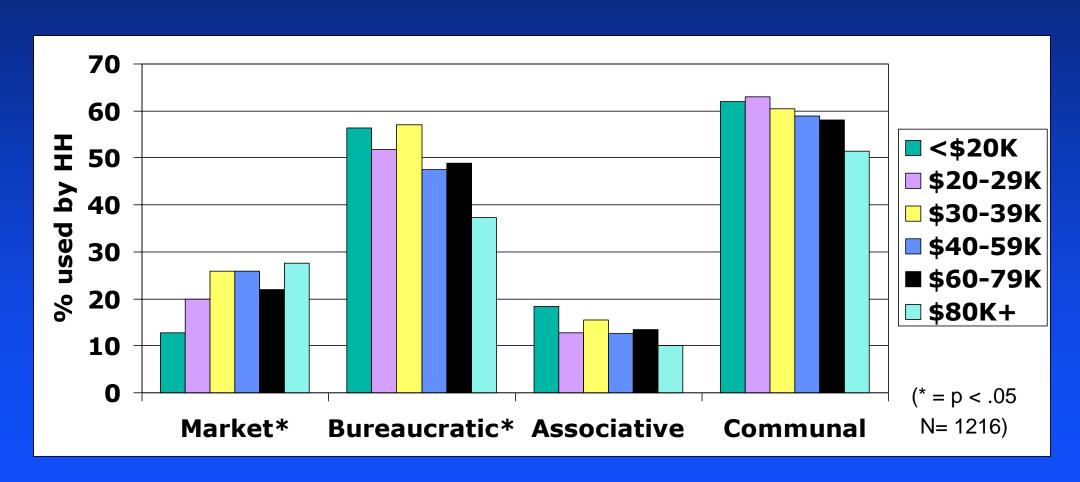
## Helpfulness varies by type of change and support



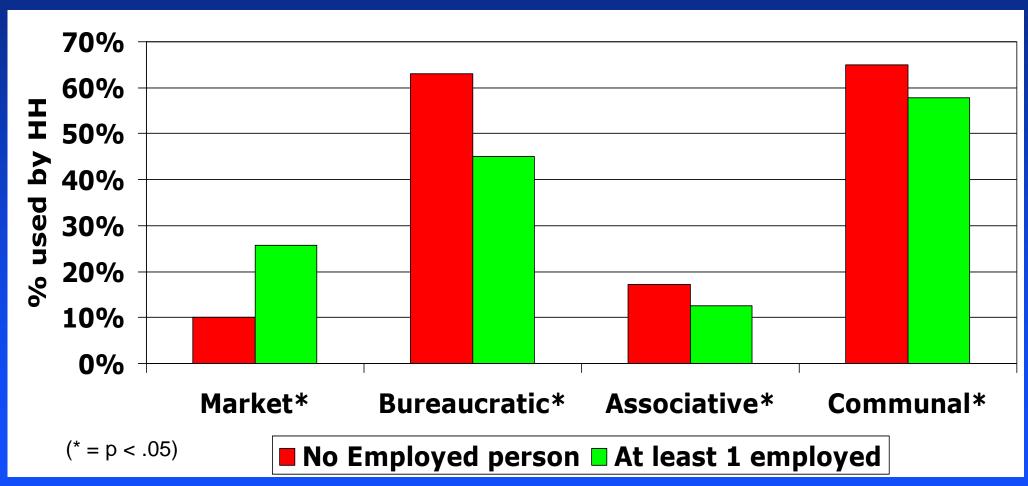
### Single mother status options



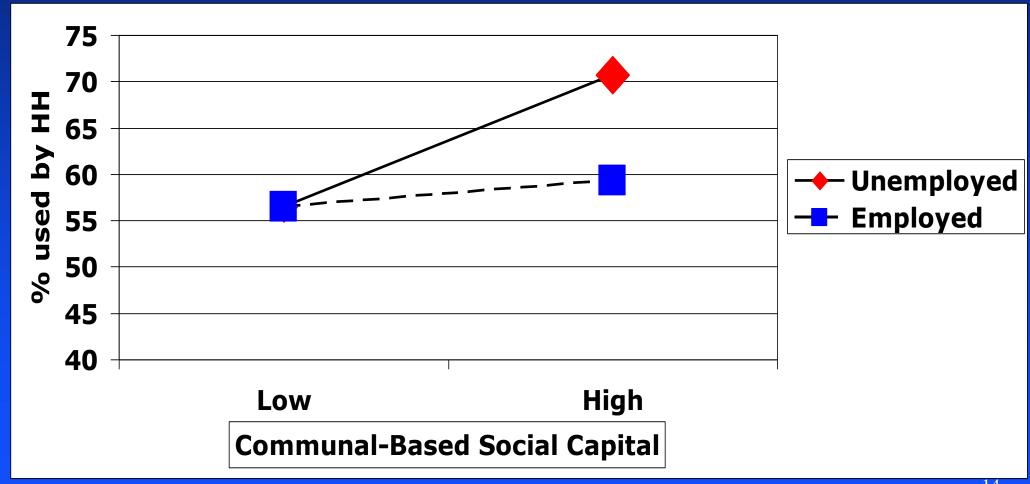
### HH median income options

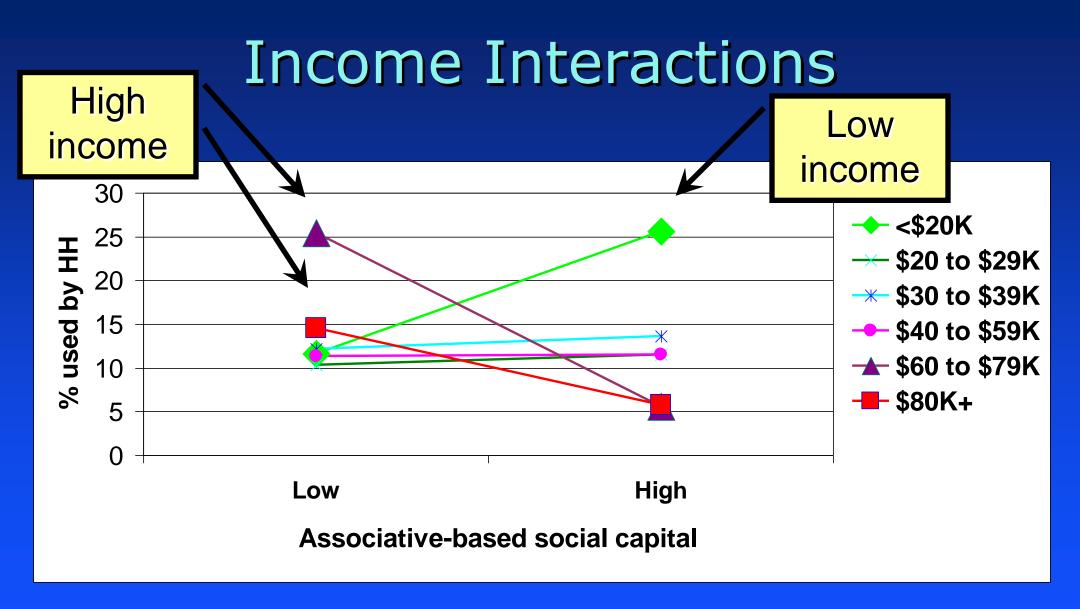


### **Employment options**

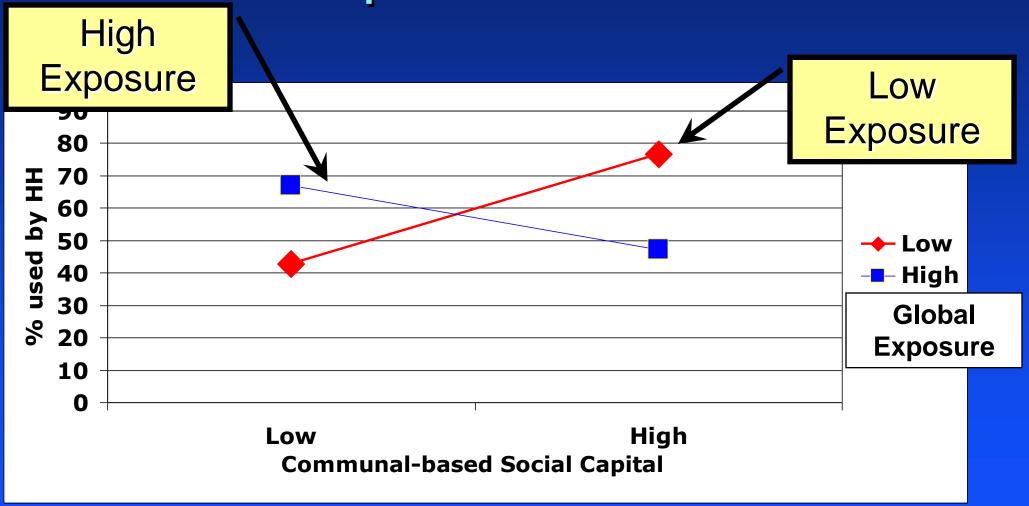


### **Employment Interactions**





### Global Exposure Interactions



### Key Points and Implications

- The processes are complex
- Case studies in systematic, comparative context
- Policies must be flexible
- Coordinate strategies and approaches

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The Canadian Rural Revitalization
Foundation
nre.concordia.ca
www.crrf.ca
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